

Whole School PE Map						
Year Groups	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Real PE Unit 1 Personal Skills with a focus on Footwork and One Leg Balance	Real PE Unit 2 Social Skills with a focus on Jumping and Landing and Seated Balance	Real PE Unit 3 Cognitive Skills with a focus on Dynamic Balance and Ball Skills	Real PE Unit 4 Creative Skills with a focus Sending & Receiving and Counter Balance	Real PE Unit 5 Applying Physical Skills with a focus on Reaction/Response and Floorwork	Real PE Unit 6 Knowledge and Understanding of Health and Fitness with a focus on Ball Chasing & Stance
Reception	Real PE Unit 1 Personal Skills with a focus on Footwork and One Leg Balance	Real PE Unit 2 Social Skills with a focus on Jumping and Landing and Seated Balance	Real PE Unit 3 Cognitive Skills with a focus on Dynamic Balance and Ball Skills	Real PE Unit 4 Creative Skills with a focus Sending & Receiving and Counter Balance	Real PE Unit 5 Applying Physical Skills with a focus on Reaction/Response and Floorwork	Real PE Unit 6 Knowledge and Understanding of Health and Fitness with a focus on Ball Chasing & Stance
Year 1	Real PE Unit 1 Personal Skills with a focus on Footwork and One Leg Balance	Real PE Unit 2 Social Skills with a focus on Jumping and Landing and Seated Balance	Real PE Unit 3 Cognitive Skills with a focus on Dynamic Balance and Ball Skills	Real PE Unit 4 Creative Skills with a focus Sending & Receiving and Counter Balance	Real PE Unit 5 Applying Physical Skills with a focus on Reaction/Response and Floorwork	Real PE Unit 6 Knowledge and Understanding of Health and Fitness with a focus on Ball Chasing & Stance
Year 2	Real PE Unit 1 Personal Skills with a focus on Footwork and One Leg Balance	Real PE Unit 2 Social Skills with a focus on Jumping and Landing and Seated Balance	Real PE Unit 3 Cognitive Skills with a focus on Dynamic Balance and Ball Skills	Real PE Unit 4 Creative Skills with a focus Sending & Receiving and Counter Balance	Real PE Unit 5 Applying Physical Skills with a focus on Reaction/Response and Floorwork	Real PE Unit 6 Knowledge and Understanding of Health and Fitness with a focus on Ball Chasing & Stance
Year 3	Real PE Unit 1 Personal Skills with a focus on Footwork and One Leg Balance	Real PE Unit 2 Social Skills with a focus on Jumping and Landing and Seated Balance	Real PE Unit 3 Cognitive Skills with a focus on Dynamic Balance and Ball Skills	Real PE Unit 4 Creative Skills with a focus Sending & Receiving and Counter Balance	Real PE Unit 5 Applying Physical Skills with a focus on Reaction/Response and Floorwork	Real PE Unit 6 Knowledge and Understanding of Health and Fitness with a focus on Ball Chasing & Stance
Year 4	Real PE Unit 1 Personal Skills with a focus on Footwork and One Leg Balance	Real PE Unit 2 Social Skills with a focus on Jumping and Landing and Seated Balance	Real PE Unit 3 Cognitive Skills with a focus on Dynamic Balance and Ball Skills	Real PE Unit 4 Creative Skills with a focus Sending & Receiving and Counter Balance	Real PE Unit 5 Applying Physical Skills with a focus on Reaction/Response and Floorwork	Real PE Unit 6 Knowledge and Understanding of Health and Fitness with a focus on Ball Chasing & Stance
Year 5	Real PE Unit 1 Personal Skills with a focus on Ball Skills and Reaction/Response	Real PE Unit 2 Social Skills with a focus on Dynamic Balance and Counter Balance	Real PE Unit 3 Cognitive Skills with a focus on Stance and Footwork	Real PE Unit 4 Creative Skills with a focus on Seated Balance and Footwork	Real PE Unit 5 Applying Physical Skills with a focus on Jumping / and Landing & 1 Leg	Real PE Unit 6 Knowledge and Understanding of Health and Fitness with a focus

					Balance / Cricket with coach from ACE	on Sending & Receiving and Ball Chasing
Year 6	Real PE Unit 1 Personal Skills with a focus on Ball Skills and Reaction/Response	Real PE Unit 2 Social Skills with a focus on Dynamic Balance and Counter Balance	Real PE Unit 3 Cognitive Skills with a focus on Stance and Footwork	Real PE Unit 4 Creative Skills with a focus on Seated Balance and Footwork	Real PE Unit 5 Applying Physical Skills with a focus on Jumping and Landing & 1 Leg Balance	Real PE Unit 6 Knowledge and Understanding of Health and Fitness with a focus on Sending & Receiving and Ball Chasing / Swimming Intensive