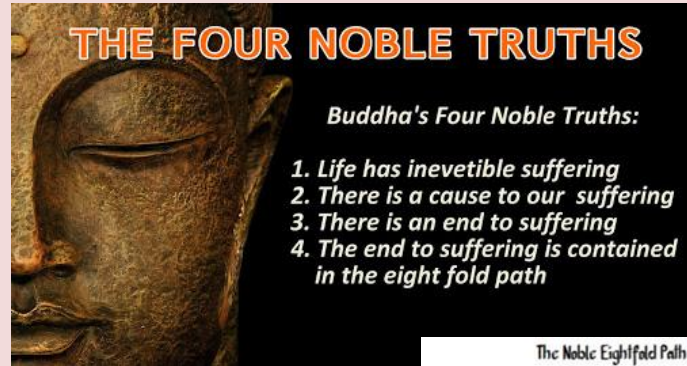


Year 6 Summer 2 RE – Buddhism

Key facts

- The word 'Buddha' means the 'enlightened one', 'the one who knows'.
- Buddhists do not believe in a God who created the world and everything in it.
- Buddha, known in life as Siddhartha Gautama, whose teachings founded Buddhism.
- The religion began when Gautama, a prince who had lived a life of luxury, realised that there was suffering in the world, and committed himself to understanding why.
- He discovered The Four Truths
 1. Life always involves suffering (dukkha).
 2. Suffering happens because people are greedy and never satisfied with what they have.
 3. Greed and selfishness can be overcome.
 4. The way to overcome them is to follow the Eightfold Path.



The Eightfold Path /Dharma wheel



Image of Enlightened Buddha



Vocabulary

- meditation
- Buddha (Siddhartha Gautama)
- karma
- dharma
- The Four Truths
- The Noble Eightfold Path
- enlightenment

We are thinking about:

What is the aim of the Eightfold Path?

How does this help Buddhists achieve enlightenment?

How does this affect the day to day lives of Buddhists?