|  |
| --- |
| **Year 6 Summer 1 PSHCE – Puberty,Relationships and Reproduction(RSE)**  |
| **Key facts*** We will all go through puberty.
* Puberty is an important part in the human life cycle.
* During puberty, our bodies and feelings go through changes.
* Going through puberty will allow most people to reproduce, if they choose to.
* During a period, girls/women can feel physical pain and discomfort as well as tense or moody.
* Once a young person reaches puberty, they produce more sweat.
* If the sweat isn’t washed away, it can turn into body odour.
* People do not always tell the truth online.
* In healthy relationships, both people are happy and enjoy spending time with each other.
* In healthy relationships, both people respect each other’s wishes.
 | Diagram  Description automatically generated Diagram  Description automatically generated |
| **Vocabulary*** puberty
* womb
* sperm
* egg
* conception
* fertilisation
* pregnancy
* sexual intercourse
* twins
* fostering
* adoption
* relationship
* friendship
* love
* consent
* intimacy
* communication
* private information
* internet safety
 | Text, whiteboard  Description automatically generated |