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| **Year 6 Summer 1 PSHCE – Puberty,Relationships and Reproduction(RSE)** | | |
| **Key facts**   * We will all go through puberty. * Puberty is an important part in the human life cycle. * During puberty, our bodies and feelings go through changes. * Going through puberty will allow most people to reproduce, if they choose to. * During a period, girls/women can feel physical pain and discomfort as well as tense or moody. * Once a young person reaches puberty, they produce more sweat. * If the sweat isn’t washed away, it can turn into body odour. * People do not always tell the truth online. * In healthy relationships, both people are happy and enjoy spending time with each other. * In healthy relationships, both people respect each other’s wishes. | Diagram  Description automatically generated Diagram  Description automatically generated | |
| **Vocabulary**   * puberty * womb * sperm * egg * conception * fertilisation * pregnancy * sexual intercourse * twins * fostering * adoption * relationship * friendship * love * consent * intimacy * communication * private information * internet safety | Text, whiteboard  Description automatically generated |