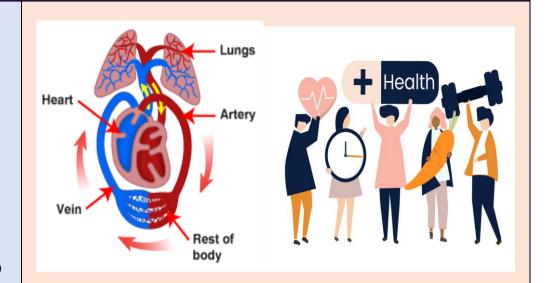
## **Year 6 Spring 1 Science- Animals Including Humans**

## **Key Facts**

- 1. The circulatory system is made up of blood vessels that carry blood away from and towards the heart.
- 2. Arteries carry blood away from the heart and veins carry blood back to the heart.
- 3. The circulatory system carries oxygen, nutrients, and hormones to cells, and removes waste products, like carbon dioxide.
- 4. Nutrients are transported through your blood via capillaries, tiny blood vessels that connect arteries to veins.
- 5. Water molecules are then transported via blood circulation to be distributed all over the body, to the cells.
- 6. Poor diet and nutrition, can lead to brain damage, organ damage, and different types of diseases.
- 7. The body cannot store alcohol, so once it is consumed it is quickly broken down to facilitate excretion from the body.
- 8. Therefore a healthy balanced diet, exercise and staying away from substances that can affect the body in negative ways, are important to maintain a healthy lifestyle.



## Scientific Skills

- Plan a pattern seeking enquiry
- Record my results
- Evaluate and present my findings

## **Key Vocabulary**

- Circulatory system
- Blood vessels
- capillaries
- mammals
- lungs
- oxygenated
- deoxygenated
- heart
- water
- nutrients