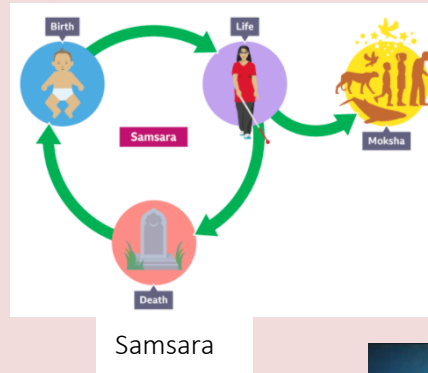


Year 5 Autumn 1 – Hinduism

Key facts

- Samsara means going through the cycle of repeated births and deaths (reincarnation). Hindus believe that existence of this cycle is governed by Karma.
- Dharma is related to a person's true purpose. It is about leading a righteous life. This is to achieve good karma.
- Moksha is the ultimate aim for Hindus. It means to be saved. When a Hindu achieves Moksha, they break free from the cycle of samsara.
- All Hindus believe that life, death, and rebirth are a continuous process that we are all part of.
- Hindus believe that there is a part of Brahman in everyone, and this is called the Atman.
- The most ancient sacred texts of the Hindu religion are written in Sanskrit and called the Vedas.



Moksha



Good karma and bad karma



Reincarnation

Vocabulary

- samsara
- srahma
- soksha
- Trimurti
- reincarnation
- karma

We are thinking about:

What is Dharma and Moksha?
What is their importance in the life of a Hindu?
How does Karma affect the life of those who are not Hindu?