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| **Year 4 Summer 1 PSHCE – Growing Up(RSE)** | | |
| **Key facts**   * We will all go through puberty. * Puberty is an important part in the human life cycle. * During puberty, our bodies and feelings go through changes. * Going through puberty will allow most people to reproduce, if they choose to. * Respect is an important part of relationships. * In healthy friendships, both people are happy and enjoy spending time together. | PowerPoint  Description automatically generated with medium confidence | |
| **Vocabulary**   * puberty * lifecycle * reproduction * physical * breasts * sperm * egg * pubic hair * emotional * feelings * relationships * friendships |  |