Year 3 Summer 2 – Buddhism

Key facts

- Buddhism started in India over 2,500 years ago.
- Buddha, which means 'enlightened' or 'awakened'.
- Dalai Lama is the title of Tibetan Buddhism leader. "Dalai" is originally Mongolian which means "ocean" and "Lama" is originally Tibetan which means "the highest principle."
- Approximately 91% of the population of Tibet are Buddhist.
- The current Dalai Lama (Tenzin Gyatso) is the 14th Dalai Lama and has held the position since 22 February 1940.
- A new Dalai Lama is said to be the reborn old Dalai Lama.
- The Dalai Lama is the spiritual leader of Tibetan Buddhism, he has spent his life committed to benefiting humanity.
- In 1989, the Dalai Lama was awarded the Nobel Peace Prize for his nonviolent efforts for the liberation of Tibet.



Dalai Lama temple Dharamshala

Vocabulary

Dalai Lama

meditation

Nobel prize

Dharamshala

reincarnation

four truths

spiritual

Tibet

• dharma

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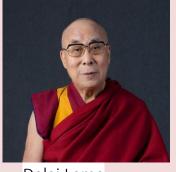
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Dalai Lama



We are thinking about:

Who is the Dalai Lama?

What other religions have important people?

What are the four truths?