|  |
| --- |
| **Year 1 Autumn 2 PSHCE – Awareness of Feelings** |
| **Key facts*** Everybody has feelings.
* Some feelings make us feel good.
* Some feelings make us feel bad.
* It is helpful to talk about your feelings.
* Sometimes we can tell how people are feeling by looking at their face.
 | A picture containing train, track  Description automatically generated |
| **Vocabulary*** **happy**
* **lonely**
* **surprised**
* **shame**
* **bullied**
* **jealous**
* **worried**
* **sad**
* **excited**
* **proud**
* **safe**
* **embarrassed**
* **scared**
* **shocked**
 | Pin on Play Therapy |