

Year 1 Summer 2 – Buddhism

Key facts

- Meditation is a particularly important part of a Buddhist life.
- Buddhists believe in a constant cycle of life and death.
- Buddhists worship at shrines at home, in temples and in monasteries (viharas).
- The word 'Buddha' means the 'enlightened one', 'the one who knows'.
- Buddhists do not believe in a God who created the world and everything in it.
- Learn about The Woman at the Well and how the Buddha was able to see her for her true kindness.



Inside a Buddhist temple



Buddhist monks



statue of Buddha



The woman at the well

Vocabulary

- meditation
- Buddha
- karma
- dharma
- viharas
- monk

We are thinking about:

What do Buddhists do in their daily life?

How is this different to what I do?

Why is the story of The Woman at the Well important?