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| **Year 1 Spring 2 PSHCE – Growing and Changing** |
| **Key facts*** The human life cycle starts with the baby stage.
* Babies cannot look after themselves. They need an adult to help them.
* As we get older, our bodies change.
* As children become older, they can do more things by themselves.
* A teenager is anyone from the age of 13-19 years old.
 |     adultchildren childrenbabyhuman life cycle  |
| **Vocabulary*** **growing**
* **changing**
* **adult**
* **toddler**
* **child**
* **teenager**
* **adult**
* **human life cycle**
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