

# Brunswick Park Primary School

## e-Newsletter



Brunswick Park  
Primary School

Friday 17 March 2023

Tel: 020 7525 9033

[www.brunswickparkprimary.co.uk](http://www.brunswickparkprimary.co.uk)

March's Focus Value is **PATIENCE**

Dear Parents and Carers

It was lovely to welcome all the children back into school today for our Science Day, following two days of partial closure due to strike action. At the moment, no more action is planned, and the profession is keen for a resolution to be found to avoid any further disruption to children's education. Strike action is never taken lightly and is always a last resort. Thank you as always for your patience, understanding and support. The school has been full of budding chemists, physicists, astronauts, rainbows, reflections, weather, precious metals, doctors, lab technicians...and the children have enjoyed a day of experiments. Thanks to Tobi Akinlade, our Science Lead, for organising it all.

We break up for the Spring Holiday at 2.00pm on Friday 31 March, which is two weeks away. In this Newsletter - which is a big one for this reason - there is a lot of information about **Southwark's Easter of Food and Fun**, available to any child in the borough aged between 4 and 16 who is entitled to Free School Meals, and about other activities and support for families during the holidays and beyond. Families are encouraged to take part if they are eligible, as the activities are varied and great fun.

There are some images taken during our World Book Day celebrations on 9 March, during which every Year Group learned and performed a poem to an audience in two special Reading Assemblies led by Christina Huszar, our Reading Lead. Being able to speak with strength, conviction and confidence is an invaluable life skill, and part of children's cultural capital, and the children relished the challenge of reciting from memory.

You may have noticed that the library on the Ground Floor looks very different, and that your children have been given the opportunity to choose two books from it to take home this week as a gift. Over the Spring Holiday this library will be refurbished using grant funding, and we will receive 500 new books, chosen by our children, to restock it. Our giveaway means we will have room for them, and when it is finished it will be a Flagship Library; an example of good practice in supporting children to learn to read for pleasure. We are looking forward to the transformation.

Next week we will send you a link to an online survey about home learning. Thank you for taking the time to complete it, as your feedback is crucial in helping us to help your children and support their learning.

### Finally, two reminders:

- to call 020 7525 9033 and leave a message whenever your child is absent from school, stating the reason for the absence, not just that your child is unwell;
- to read emails and SMS text messages from the school so you do not miss important information.

I look forward to seeing you at Parents' Evenings next week.

With best wishes for a peaceful and enjoyable fortnight ahead.

Susannah Bellingham

Head Teacher

**PARENTS' EVENINGS: WEDNESDAY 22 AND THURSDAY 23 MARCH**  
**PLEASE COME ALONG TO SUPPORT YOUR CHILD**

**TERM DATES ARE ALWAYS ON THE NEWSLETTER AND WEBSITE: NOW AVAILABLE FOR 2023-24**



SAVE  
THE DATE

## BPFA DATES

SAVE  
THE DATE

### Wednesday 29 March 3.15pm - 4.00pm: Uniform, Toy and Book Sale

Have you reached that time of year where your kids' school uniform does not quite fit?  
Looking for something that's not chocolate for Easter or Eid?  
Then come along to our sale of preloved uniforms, toys and books on Wednesday 29 March!

We hope to take credit and debit cards this time as well as cash.  
It will be new, so please bear with us.

### Tuesday 23 May: INTERNATIONAL DAY

Join us also for our International Day on Tuesday 23 May.  
More details to follow about this whole school celebration!

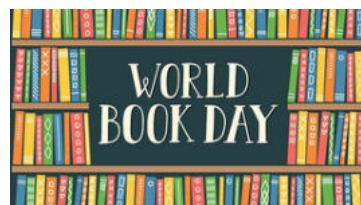
### And do not forget the Summer Fair which will be before the end of the Summer Term.

If anyone wants to be involved, from planning and running events to selling cakes on a stall, and everything in between, then contact Andrew via [brunswickparkfamilies@gmail.com](mailto:brunswickparkfamilies@gmail.com) or come and talk to me at drop off or pick up.



### Some of Brunswick's World Book Day celebrations on 9 March:

Mr Moudiotis as Gerald from Giraffes Can't Dance (they can, as it happens), and Mrs Bellingham as the Blue Crayon from The Day The Crayons Quit and Ms Huszar as Cruella de Ville from 101 Dalmatians, with an actual Year 6 Truck Transformer, who was amazing. The Reading River in the Middle Hall represents all the times we need to read every day.



Some of our brilliant **Book in a Jar** entries, and enjoying reading together in the Ground Floor Library, before its Easter refurbishment.





**Cllr Evelyn Akoto**  
Cabinet Member for Health and Wellbeing  
Old Kent Road Ward

Cabinet Office  
Southwark Council  
P.O Box 64529  
London SE1P 5LX

[HAF@southwark.gov.uk](mailto:HAF@southwark.gov.uk)

Date: 08 March 2023

Dear Parents/Carer

**RE: Southwark's Easter of Food and Fun, 2023**

I'm delighted to let you know that this Easter, Southwark Council will be hosting Southwark's Easter of Food and Fun.

We are partnering with local holiday club providers across the borough to provide an exciting programme of meals and activities for children and young people in our local communities. Free places are available for children between the ages of 4 and 16 years, who are eligible for free school meals.

The programme aims to give local families access to free, healthy food and fun activities over the Easter holidays.

Each programme will provide:

- Free, healthy and tasty food
- Fun physical activity sessions
- A wide range of other activities to suit different ages and personalities
- Opportunities to learn more about food and nutrition for children and families

Details about the programme are available at [www.southwark.gov.uk/foodandfun](http://www.southwark.gov.uk/foodandfun)

I encourage you to book a place for your child/children to ensure they have an enjoyable and memorable Easter holiday period.

Best wishes

Yours Sincerely,

**Cllr Evelyn Akoto**  
Cabinet Member for Health and Wellbeing

Here is a link to a map of all holiday clubs running this Easter. The flyer and map can be used together to signpost families to other nearby programmes if your nearest club is oversubscribed.

<https://www.google.com/maps/d/edit?mid=1EEenw6Nd1Zy1W5Fq8-heQMimvhttrumc&usp=sharing>



Activity programme for  
children and young people

**3 April to 6 April 2023**

[www.southwark.gov.uk/foodandfun](http://www.southwark.gov.uk/foodandfun)

Funded by



Department  
for Education

# Contact our providers to sign up

## North East Southwark

### ALBION EASTER HOLIDAY SCHEME

- 👤 Ages: 4 to 11
- 📍 Albion Primary School, Albion Street, SE16 7JD
- ☎ 07903 868 242  
020 7237 3738

### BALLERS ACADEMY

- 👤 Ages: 8 to 16
- 📍 Peter Hills Primary School (3G Pitch), 2 Beatson Walk, SE16 5ED
- ☎ 07400 543 210
- 📧 info@ballersacademy.co.uk  
www.ballersacademy.co.uk

### BIZZIE BODIES

- 👤 Ages: 8 to 11
- 📍 The Dockland Settlements, 400 Salter Road, SE16 5AA
- ☎ 07445 237 296
- 📧 infos@bizziebodies.co.uk  
www.bizziebodies.co.uk

### THE BLUE YOUTH HOLIDAY PROGRAMME

- 👤 Ages: 9 to 16
- 📍 190-192 Southwark Park Road, SE16 3RP
- ☎ 07494 77 8556
- 📧 jackie.bygrave@sypp.org.uk

### MILLWALL COMMUNITY FOOD AND ACTIVITY CAMP

- 👤 Ages: 4 to 16
- 📍 St Pauls Sports Ground, Salter Road, SE16 5EF
- ☎ 07903 245 058
- 📧 tsells@millwallcommunity.org.uk  
www.millwallcommunity.org.uk

### PARENT SKILLS2GO

- 👤 Ages: 4 to 11
- 📍 Lewington Community Centre, 9 Eugenia Road, SE16 2RU
- ☎ 07902 332 905  
020 3536 9609
- 📧 admin@parentskills2go.com  
www.parentskills2go.com

### PRO TOUCH SA

- 👤 Ages: 6 to 15
- 📍 Harris Academy Bermondsey, 55 Southwark Park Road, SE16 3TZ
- ☎ 07874 872 053
- 📧 tamia@protouchsa.co.uk  
holidays@protouchsa.co.uk

### TIME & TALENTS

- 👤 Ages: 6 to 11
- 📍 The Old Mortuary, St Marychurch Street, SE16 4JE
- ☎ 020 7231 7845
- 📧 info@timeandtalents.org.uk  
www.timeandtalents.org.uk

### ZENOCHE COMMUNITY HUB

- 👤 Ages: 4 to 16
- 📍 Rotherhithe Community Centre, 30 Plough Way, SE16 2LJ
- ☎ 07849 267 299
- 📧 zenochservices@gmail.com  
www.zenoch.co.uk

# North West Southwark

## COIN STREET CENTRE TRUST

- 👤 Ages: 8 to 13
- 📍 Colombo Centre, 34-68 Colombo Street, SE1 8DP
- 📧 d.gibbs@coinstreet.org

## FAST 58

- 👤 Ages: 5 to 16
- 📍 Roundhouse Hall, Cardinal Bourne Street, SE1 4EJ
- ☎ 07973 311 684
- 📧 dwalsh1503@gmail.com
- 🌐 www.fast58.org.uk

## MERCATO METROPOLITANO

- 👤 Ages: 8 to 12
- 📍 42 Newington Causeway, SE1 6DR
- ☎ 07542 783 364
- 📧 serena.b@mercato-metropolitano.com
- 🌐 www.mercato-metropolitano.com

# East Central Southwark

## ANGELS BREAKFAST AND AFTERSCHOOL CLUB

- 👤 Ages: 4 to 13 (Site 1), 8 to 13 (Site 2)
- 📍 Site 1: Pelican Plus Hall, Crane House, Grumant Road, Pelican Estate, SE15 5NF  
Site 2: Parish Church of St Luke's, Chandler Way, SE15 6DT
- ☎ 07957 472 504
- 📧 angelsbreakfastafterschoolclub@gmail.com

## ASTLEY & COOPER TENANTS' AND RESIDENTS' ASSOCIATION (TRA)

- 👤 Ages: 8 to 16
- 📍 ASCO TRA Community Centre, 375 Old Kent Road, Wessex House, SE1 5JQ
- ☎ 07780 383 563
- 📧 secretaryascotra@gmail.com

## CAC SURREY DOCKS

- 👤 Ages: 4 to 16
- 📍 Christ Apostolic Church (CAC) Surrey Docks, 163 Ilderton Road, South Bermondsey, SE16 3LA
- ☎ 07582 332 243
- 📧 communitywelfare@cacsurreydocks.org
- 🌐 www.cacsurreydocks.org/community-welfare

## CAMELOT CHAMPS

- 👤 Ages: 6 to 11
- 📍 Camelot School, Bird in Bush Road, SE15 1QP
- ☎ 07931 616 456
- 📧 iall@camelot.southwark.sch.uk

## HOLLYDALE PRIMARY SCHOOL

- 👤 Ages: 4 to 11
- 📍 Hollydale Primary School, Hollydale Road, SE15 2AR
- ☎ 020 7639 2562
- 📧 head@hollydaleprimary.co.uk

## LEGENDS LEARNING CENTRE

- 👤 Ages: 8 to 16
- 📍 Harris Academy Peckham, 112 Peckham Road, SE15 5DZ
- ☎ 07903 640 921  
020 7046 9393
- 📧 info@legendslearningcentre.com
- 🌐 www.legendslearningcentre.com

## LEYTON SQUARE CHILDREN CENTRE

- 👤 Ages: 4 to 11
- 📍 Leyton Square Children and Family Centre, Maismore Street, SE15 6TP
- ☎ 020 3848 5780
- 📧 childrenscentre@ivydale.southwark.sch.uk
- 🌐 www.pprncfc.com

### MILLWALL COMMUNITY FOOD AND ACTIVITY CAMP

- 👤 Ages: 4 to 16
- 📍 Bradfield Youth Club, 5-13 Commercial Way, SE15 6DQ
- ☎ 07903 245 058
- ✉ [tsells@millwallcommunity.org.uk](mailto:tsells@millwallcommunity.org.uk)  
[www.millwallcommunity.org.uk](http://www.millwallcommunity.org.uk)

### PARENT SKILLS2GO

- 👤 Ages: 4 to 11
- 📍 The Green Community Centre, 5 Nunhead Green, SE15 3QQ
- ☎ 07902 332 905  
020 3536 9609
- ✉ [admin@parentskills2go.com](mailto:admin@parentskills2go.com)  
[www.parentskills2go.com](http://www.parentskills2go.com)

### SKYWAY CHARITY

- 👤 Ages: 8 to 11
- 📍 Oliver Goldsmith Primary School, 83 Peckham Road, SE5 8UH
- ☎ 020 7729 6970
- ✉ [marlon@skyway.uk.com](mailto:marlon@skyway.uk.com)  
[www.skyway.london](http://www.skyway.london)

## West Central Southwark

### ACTIVITIES 4 U

- 👤 Ages: 8 to 16
- 📍 South Bank University, Trafalgar Street, SE17 2TP
- ☎ 020 7735 8181
- ✉ [admin@activities4u.org.uk](mailto:admin@activities4u.org.uk)  
[www.activities4u.org.uk](http://www.activities4u.org.uk)

### BURGESS SPORTS

- 👤 Ages: 5 to 12
- 📍 Michael Faraday Primary School, Portland Street, SE17 2HR
- ☎ 07384 336 925
- ✉ [info@burgesssports.org](mailto:info@burgesssports.org)  
[www.burgesssports.org](http://www.burgesssports.org)

### CAMBERWELL AFTER SCHOOL PROJECT

- 👤 Ages: 4 to 11
- 📍 14 Badsworth Road, SE5 0JY
- ☎ 0207 7082 711
- ✉ [www.caspuk.org](http://www.caspuk.org)

### JAEGAR HOLIDAY CLUB

- 👤 Ages: 4 to 11
- 📍 Lyndhurst Primary School, Grove Lane, SE5 8SN
- ☎ 020 3576 0715
- ✉ [info@jaegarhc.co.uk](mailto:info@jaegarhc.co.uk)  
[www.jaegarhc.co.uk](http://www.jaegarhc.co.uk)

### MILLWALL COMMUNITY FOOD AND ACTIVITY CAMP

- 👤 Ages: 5 to 16
- 📍 Bethwin Road Adventure Playground, Bethwin Road, SE5 0YF
- ☎ 07903 245 058
- ✉ [tsells@millwallcommunity.org.uk](mailto:tsells@millwallcommunity.org.uk)  
[www.millwallcommunity.org.uk](http://www.millwallcommunity.org.uk)

### PARENT SKILLS2GO

- 👤 Ages: 8 to 16
- 📍 The Harry Caddick Community Centre, 63 Lilford Road, SE5 9HN
- ☎ 07902 332 905  
020 3536 9609
- ✉ [admin@parentskills2go.com](mailto:admin@parentskills2go.com)  
[www.parentskills2go.com](http://www.parentskills2go.com)

### PRO TOUCH SA

- 👤 Ages: 6 to 14
- 📍 Burgess Park Community Sports Centre, Cobourg Road, London SE5 0JD
- ☎ 07874 872 053
- ✉ [tamia@protouchsa.co.uk](mailto:tamia@protouchsa.co.uk)  
[holidays@protouchsa.co.uk](mailto:holidays@protouchsa.co.uk)

## SPRING COMMUNITY HUB

- 👤 Ages: 4 to 16
- 📍 Site 1: St Giles Parish Hall, 161 Benhill Road, SE5 7LL
- 📍 Site 2: St Georges C of E Primary School, Coleman Road, SE5 7TF
- 📍 Site 3: St Paul's Church, Lorrimore Square, Lorrimore Road, SE17 3QU
- 📍 Site 4: Special Education Needs and Disabilities (SEND) Programme, UAL Foundation, Modular Building, 1 Wilson Road, SE5 8LU
- 📍 Site 5: Teens Programme, United Reform Church, Love Walk, SE5 8AE
- 📍 Site 6: The Clubroom, Samuel Lewis Trust Estate, Warner Road, SE5 9LY
- ☎️ 07988 138 997
- ✉️ [holidayclub@springcommunityhub.org.uk](mailto:holidayclub@springcommunityhub.org.uk)
- 🌐 [www.cschub.co.uk](http://www.cschub.co.uk)

## MILLWALL COMMUNITY FOOD AND ACTIVITY CAMP

- 👤 Ages: 5 to 16
- 📍 Dulwich Hamlet FC, Champion Hill, Edgar Kail Way, SE22 8BD
- ☎️ 07903 245 058
- ✉️ [tsells@millwallcommunity.org.uk](mailto:tsells@millwallcommunity.org.uk)
- 🌐 [www.millwallcommunity.org.uk](http://www.millwallcommunity.org.uk)

## SPRING COMMUNITY HUB

- 👤 Ages: 4 to 16
- 📍 Site 1: Amott Road Baptist Church, 47 Amott Road, SE15 4HU
- 📍 Site 2: Dawson Heights Community Centre, Ladlands, Dawson Heights Estate, SE22 0PW
- ☎️ 07988 138 997
- ✉️ [holidayclub@springcommunityhub.org.uk](mailto:holidayclub@springcommunityhub.org.uk)
- 🌐 [www.cschub.co.uk](http://www.cschub.co.uk)

## UK LATIN COMMUNITY FOOD AND ACTIVITY CAMP

- 👤 Ages: 5 to 12
- 📍 Denmark Hill Community Centre, Blannedowne, SE5 8HL
- ☎️ 07491 993 524
- ☎️ 07852 167 580
- ✉️ [info@uklatincommunity.org](mailto:info@uklatincommunity.org)
- 🌐 [www.uklatincommunity.org](http://www.uklatincommunity.org)

See the listings to choose the best club for your child. Please book a place with your chosen provider as soon as possible to avoid disappointment.

# South Southwark

## JAM EXTENDED SCHOOLS

- 👤 Ages: 4 to 11
- 📍 Herne Hill United Church, Red Post Hill, SE24 9PW
- ☎️ 020 8761 4943
- ✉️ [jamtrainingeducation@gmail.com](mailto:jamtrainingeducation@gmail.com)
- 🌐 [www.jamextendedschools.co.uk](http://www.jamextendedschools.co.uk)

## KINGSWOOD ESTATE TENANTS' AND RESIDENTS' ASSOCIATION (OUT OF SCHOOL CLUB)

- 👤 Ages: 4 to 16
- 📍 Ketra Community Hall, Telfer House, Seeley Drive, Kingswood Estate, SE21 8QW
- ☎️ 07958 064 597
- ✉️ [ketracommunity@gmail.com](mailto:ketracommunity@gmail.com)
- 🌐 [www.kingswoodestatetra.org](http://www.kingswoodestatetra.org)

Southwark  
Council  
[southwark.gov.uk](http://southwark.gov.uk)



# ACTIVITY PROGRAMME FOR CHILDREN & YOUNG PEOPLE



**April 3RD, 4TH, 5TH, & 6TH 2023**

Time	Monday 3rd April 2023	Tuesday 4th April 2023	Wednesday 5th April 2023	Thursday 6th April 2023
10 am-10:45 am	Online Fitness	Online Fitness	Online Fitness	Online Fitness
11am - 12pm	Art and craft workshop	Nutrition workshop	Dance & Drama workshop	Art and craft workshop
12pm- 1pm	Storytelling	Art and craft workshop	Storytelling	Nutrition workshop
1pm-2:30pm	Lunch	Lunch	Lunch	Lunch

## OUR CENTRES

ST PAUL'S CHURCH LORRIMORE SQUARE, LORRIMORE ROAD, LONDON, SE17 3QU

SPECIAL NEEDS & DISABILITIES (SEND) PROGRAMME  
CAMBERWELL COLLEGE OF ARTS FOUNDATION - MODULAR BUILDING, 1 WILSON RD, SE5 8LU

ST GEORGES C OF E PRIMARY SCHOOL, COLEMAN ROAD SE5 7TF

ST GILESCAMBERWELL COLLEGE OF ARTS FOUNDATION - MODULAR BUILDING 1 WILSON ROAD, SE5 8LU

DAWSON'S HEIGHTS ESTATE LADLANDS, OVERHILL ROAD, SE22 0PW

TEENS @ CAMBERWELL COLLEGE OF ARTS FOUNDATION - MODULAR BUILDING 1 WILSON ROAD, SE5 8LU

THE CLUBROOM, SAMUEL LEWIS TRUST ESTATE, WARNER ROAD, LONDON SE5 9NE

Book your place @  
[holidayclub@springcommunityhub.org.uk](mailto:holidayclub@springcommunityhub.org.uk)  
 WhatsApp/ call /text  
 079988138997



## PARENT FACTSHEET

# Cost-of-living support

Find out what support is available to help you and your family get through the cost-of-living crisis.

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### Let us know if you're in financial difficulty

Please contact Aujorie Delpratt, Office Manager, by telephone on 020 7525 9033, by email on [office@brunswickpark.southwark.sch.uk](mailto:office@brunswickpark.southwark.sch.uk) or in person at the School Office.

We know that many families are going through a tough time at the moment and we want to do everything we can to help you and your child/ren. If you're struggling with your finances, please get in touch to let us know, as there may be things we can suggest which will help.

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### Contact your local Citizens Advice Bureau or Family Hub

#### Citizen's Advice Bureau (CAB)

You don't have to be a UK citizen to get support from your local CAB, you just need to be a resident of the local area. The CAB can help you with:

- Getting benefits or organising other financial support
- Accessing support for essential costs (food, bills, rent)

Visit the [Citizens Advice](https://www.citizensadvice.org.uk) website or contact your local branch to book an appointment.

Peckham CAB

97 Peckham High Street

London

SE15 5RS

Walworth Citizens Advice

6-8 Westmoreland Road

London

SE17 2AY

Citizens Advice Line: 0800 144 8848

<https://www.citizensadvice.org.uk>

#### Family Hub

Contact your local Family Hub to get help accessing all the support you might need as a family. [Find your local hub](#) here.

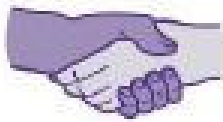
There is a Children and Families Centre at 1<sup>st</sup> Place: <https://www.1stplace.uk.com/southwark-children-and-family-centres>

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### Check you're paying the right amount of tax

Make sure you're on the right tax code. If you aren't you might be due a refund. Use the [Money Saving Expert's](#) free tax code calculator to find out.

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# Brunswick Park Primary School

## See what other support you can get from your local authority

[www.southwark.gov.uk](http://www.southwark.gov.uk)

Local authorities have many schemes that you might be eligible for, including:

- The [Holiday Activities and Food Programme](#) – access to food and activities over the school holidays. Note that if your child is eligible for free school meals (see above), they'll also qualify for this programme
  - [Help with transport to school](#)
  - [Help with school uniform costs](#)
- 

## Get free or low-cost food

If you're worried about not having enough food to feed your family, you're not alone. There are a number of places offering support.

- Brunswick Park Primary School's Breakfast Club opens Monday – Friday at 07:45 in the Dining Hall for children in Reception – Year 6. It provides a healthy breakfast for £12 per week, payable a week in advance.. Nursery Breakfast Club details are available from the School Office.
  - If you have a child under 4, and meet the eligibility criteria, you may be entitled to [healthy start food vouchers](#)
  - The nearest Foodbank is Pecan, at <https://www.pecan.org.uk/southwark-foodbank/> Telephone 020 7732 0007. Please see Caroline Campion, Assistant Head Teacher (Inclusion, Pastoral and Welfare) for assistance with referral and access.
  - Find other local food banks here: [Bankuel](#), [The Independent Food Aid Network](#), the [Trussell Trust](#), or your local [community fridge](#)
  - Use food waste apps and websites like [Olio](#) (for free food and household items from your local community), [Too Good To Go](#) (for low-cost food from local restaurants), or [Low Price Foods](#) (food that has passed its best before date, but is still safe to eat)
  - Become a member of a community shop. These organisations sell food to their members at a reduced price. Some shops are free to join if you meet certain criteria, and others ask for a small contribution. Find out if there's one near you by checking these websites: [Community Shop](#), [Your Local Pantry](#), [Community Grocery](#). St Giles Pantry is at <https://www.stgilestrust.org.uk/contact-us/>
  - Get more tips on free and cheap meals from [Which](#)
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## Free hygiene products

- Sanitary towels are available at school from our Learning Mentor, Bev Ferguson, for pupils who need them.
  - Food banks may offer free toiletries and sanitary products. Check with your local food bank to see what's available: Pecan <https://www.pecan.org.uk/southwark-foodbank/>
  - Find the cheapest disposable sanitary products on [Sanitary Saver](#)
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# Brunswick Park Primary School

## Claim any benefits you're entitled to

Use 1 of these benefits calculators to determine whether there are any benefits you could be claiming:

- > [Turn2us](#)
- > [Policy in Practice](#)
- > [Support for migrant families](#) – use this calculator if you are a migrant family, or if you have no recourse to public funds (meaning you're not entitled to the majority of welfare benefits)
- > You may be able to get benefits paid early if you need cash urgently – this is known as 'a short-term benefit advance'. You will need to contact the Department for Work and Pensions (DWP) office at

Peckham Jobcentre Plus  
24-26 Peckham High Street  
Peckham  
London  
SE15 5DS  
Telephone: 0800 169 0190

or the office that's dealing with your claim.

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## Check you've received all the government's cost-of-living payments

The government's [cost-of-living payments](#) are available for those receiving certain benefits or tax credits. You don't need to apply for these – if you're eligible the money should go straight into your account.

If you think you're due a payment but haven't received one, [report a missing payment](#) to the government here.

Be aware of scams! If you receive any emails, texts or phone calls asking you to fill in an application form or asking for your bank details to receive a cost-of-living payment, do not talk to them or send a reply. Get more information on [cost-of-living scams](#) on the Money Saving Expert's website.

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## Find out what help you can get with your energy bills

Take a look at these resources from the [British Gas Energy Trust](#) and the [Money Saving Expert](#).

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## Check if your child is entitled to free school meals (FSM)

If your child is eligible for FSM you need to get them registered. This will allow them to get a free meal at school, and we'll get extra funding (known as the pupil premium) to support your child's learning.

Go to [this government website](#) to check if your child is eligible. If they are, or if you're not sure, please contact Aujorie Delpratt, Office Manager, via the School Office, on 020 7525 9033 or on [office@brunswickpark.southwark.sch.uk](mailto:office@brunswickpark.southwark.sch.uk) to ensure your child receives his/her entitlement.

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# Brunswick Park Primary School

Replace or repair household items at a low cost or for free

Check if you can get broken household goods replaced or repaired by your local community.

- Get free household goods on [Freecycle](#)
- Get help with DIY repairs at a [Repair Cafe](#)

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## Find a warm space to beat the chill

Some community spaces open their doors to provide a safe and warm space for a few hours. Many also offer hot drinks and wifi.

Camberwell Library

Phone:

020 7525 2000

Email:

[southwark.libraries@southwark.gov.uk](mailto:southwark.libraries@southwark.gov.uk)

Website:

<https://www.southwark.gov.uk/libraries/find-a-library?chapter=4>

Address:

Camberwell Library, 48 Camberwell Green, Camberwell, London SE5 7AL

Find a warm bank on:

- [Warm Welcome](#)
- [Warm Spaces](#)

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## Further information

- Contact [StepChange](#) for debt advice
- Contact [Shelter](#) if you're having issues related to housing
- Contact the [Salvation Army](#) for emergency assistance
- See if you're eligible for [grants from Turn2us](#)
- Single parents can get support from [Gingerbread](#)

Teachers do not want to disrupt children's education, but NEU members have resorted to strike action to try to improve their pay and working conditions: as they say, teachers' working conditions are children's learning conditions. If you would like to write to your MP, Harriet Harman, about the situation, go to [www.isupportschools.co.uk](http://www.isupportschools.co.uk) and click on the green 'I'm a parent and I want to write to my MP' button at the bottom of the page.





## Limited time offer – get FREE lifetime membership to FiveDinners.com!

We know how hard times are at the moment so the folks at FiveDinners.com – online meal planning service – have decided to give away FREE lifetime memberships to try and help you save money on food shopping and reduce the mental load of deciding what to eat every night. There's no catch or restrictions, simply full access to our meal plans to make your dinnertimes a little easier and cheaper.

FiveDinners.com is an online meal planning service co-founded by author and TV chef Theo Michaels. To help with the cost of living crisis so many families and individuals are facing Theo has decided to offer their meal planning service for FREE (usually £49.99 per year); every week they publish a new meal plan with an automatically generated shopping list; set to your serving size so you know exactly what you need for the week ahead. It saves you time, money on food shopping and ultimately takes away the headache of deciding what to cook every night. You can even create and save your own meal plans choosing from hundreds of recipes.

Simply head to <https://FiveDinners.com> and click green Join button now.

Best wishes  
Theo Michaels





# Declutter, Recycle & Save Landfill

Global warming has become a worldwide issue, remedial solutions are in place to make changes and practices in how we reduce waste.

London local authorities have developed their Reduction and Recycling Plans (RRPs) setting out key actions to combat waste management.

**Get Rid of and Donate** supports all efforts and believes many of the good items that go to landfill can be recycled and reused. Items that are in good/working condition can help people through the cost of the living crisis, reduce financial impacts by giving access to pre-loved unwanted items and prevent waste to landfill.



**We collect items and redistribute them through our community hubs accessible to all people and families.**



## GET RID OF AND —DONATE—



Further information on our website [www.getridofit-donate.com](http://www.getridofit-donate.com) or contact us to attend one of our community hubs.

Sponsored by:



[www.getridofit-donate.com](http://www.getridofit-donate.com)

[info@getridofit-donate.com](mailto:info@getridofit-donate.com)

07944 102 112





# What Parents & Carers Need to Know about iPADS

Apple debuted the first iPad in 2010, kickstarting the tablet market, and it remains the best-selling tablet to this day. Although Apple doesn't offer a child-specific version, iPads are hugely popular with youngsters due to their ease of use and endless choice of apps. There's a selection of models, with different-sized screens and distinct features – including the standard iPad; the iPad Air; the iPad Pro; and the iPad mini. Thankfully, they all offer parental controls so you can regulate how your child uses the device ... and how long they spend on it.

## WHAT ARE THE RISKS?

### PHYSICAL DAMAGE

While some tablets (such as the Amazon Fire Kids editions) come with rugged shock-proof cases, iPads aren't built for rough and tumble. They're also more expensive than most other tablets, and any damage your child's iPad suffers could be costly to repair. Buying a child-friendly case and screen protector for the device could be a wise move, especially if it's being used by younger ones.

### SCREEN ADDICTION

Like most digital devices, tablets have the potential to become quite addictive. You might find your child spending too long staring at their iPad, which could lead to irritability, mood swings and a loss of interest in more important tasks. If this happens, be sure to visit the built-in screen time settings and ensure you limit how long they're able to spend on the device each day.

### INAPPROPRIATE CONTENT

18  
CENSORED

Even if it would never occur to your child to go searching online for age-inappropriate sites, apps or information, there's always a possibility that something unexpected – perhaps a video that auto-plays or content incorrectly suggested by an algorithm – could appear on their tablet and upset them. You can help prevent this by adjusting the content settings (see our 'top tips' section below).

### SIRI SUGGESTIONS

The parental controls built into iOS (the fundamental operating system of Apple devices) enable you to block access to most age-inappropriate content – but your child could potentially still bypass these restrictions (either accidentally or deliberately) by using Siri, Apple's voice-activated digital assistant. To avoid this, toggle the 'Ask Siri' functions to 'off' in the iPad's settings menu.

## Advice for Parents & Carers

### ENABLE FAMILY SHARING

Before letting little ones loose on an iPad, it's a good idea to set up Family Sharing, as this lets you utilise the parental controls to manage exactly how your child is able to use the device. You can do this fairly easily by going into the iPad's settings; once there, you'll be able to add an existing Apple account (if your child already has one) or set one up from scratch.

### APPLY SOME LIMITS

The 'Downtime' function allows you to tell the iPad to lock itself at certain periods (at mealtimes or before bed, for instance), while 'App Limits' removes access to certain apps once they've been used for a specified length of time each day. The iPad can display a reminder when these limits have nearly been reached, letting your child mentally prepare for the end of their gaming or viewing time.

### STOP ACCIDENTAL SPENDING

To empower your child with an increased sense of freedom on their device (without giving yourself something else to worry about in the process) you could enable the iPad's 'Ask to Buy' feature. Whenever your child tries to download or buy an app, game or product, the iPad sends you a request to approve (or deny!) it. This option only becomes available if you've set up Family Sharing.

### SET CONTENT AND PRIVACY RESTRICTIONS

The parental controls can stop the iPad from displaying explicit or age-inappropriate content (in apps like iTunes and Safari, for instance) when your child is signed into their account. You'll also be able to restrict the capacity to download and install apps, and you can specify permissions which prevent children from changing the iPad's privacy settings once you've selected them.

### TRACK IT DOWN

Just like the iPhone, Apple's iPads have 'Find My' software to help you locate your child's iPad – or indeed, any linked Apple devices that have gone AWOL, including phones, watches and AirPods. If you enable 'Find My' in the settings menu, it will display the last known location of an iPad that's been mislaid, as well as giving you the option to lock a missing iPad that you suspect has been stolen.

## Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.



National  
Online  
Safety®

#WakeUpWednesday

# Top Tips for Adopting SAFE & HEALTHY ONLINE HABITS

Everyone has so much going on in their lives, and that includes children: from exams and deadlines to anxiety and mental health struggles. It's quite easy to send memes, make jokes and vent online about the things that irritate us, but when was the last time you – or your child – took a moment to share something kind or positive instead? In fact, when did you last stop and think about your family's online activities? To help keep them safe and teach them healthy online habits, we need to develop our children's digital resilience. There are lots of ways that children can become more digitally resilient, and we've pulled together some popular strategies here ...

## WHAT IS DIGITAL RESILIENCE?



Resilience doesn't mean being so tough that nothing gets to you, and it's not about "putting up with things" either. Instead, it's the ability to recover from setbacks. Everyone feels sad, worried, scared or upset at times: it's how we respond and adapt to those situations which is important. Digital resilience is about making choices that keep us safe and happy online, even when we're exposed to something negative or upsetting. Building your child's digital resilience will help reduce the impact of potential risks as they engage with and navigate around the online world.

## MAKE POSITIVE LIFESTYLE CHOICES



- ✓ Make time for the people and things that make you happy.
- ✓ Monitor your screen time and stick to your limits.
- ✓ On social media, follow people that make you feel good about yourself – and unfollow the ones who don't.
- ✓ Spread some positivity: post good reviews, leave encouraging comments and share good news.

## KEEP YOUR HEALTH IN MIND



- ✓ Try to factor in regular breaks offline and away from your screen – ideally, outdoors for some revitalising fresh air.
- ✓ Exercise is a brilliant stress-buster: even a walk around the block, a bike ride or a stroll to your local shop can really work wonders.
- ✓ Be strict with yourself about putting devices away in plenty of time before bed: they can interfere with a good night's sleep, which is essential for staying healthy.

## REACH OUT FOR SUPPORT

- ✓ If you have a problem online, don't be afraid reach out to specialist people or organisations that could help.
- ✓ Follow people on socials who have the same values and morals as you.
- ✓ You could always talk to a friend, or a trusted adult like a teacher or family member for some advice.

## PUT SAFETY FIRST



- ✓ If you see something online that upsets or worries you, tell a trusted adult about it as soon as possible.
- ✓ You could also report the content that's making you feel uncomfortable to the site or app that you saw it on, so they can look into it.
- ✓ Another option is to block the person or the account that's causing you a problem – or you could go one step further by totally deleting the app you were using.

## GET THINGS CLEAR IN YOUR HEAD



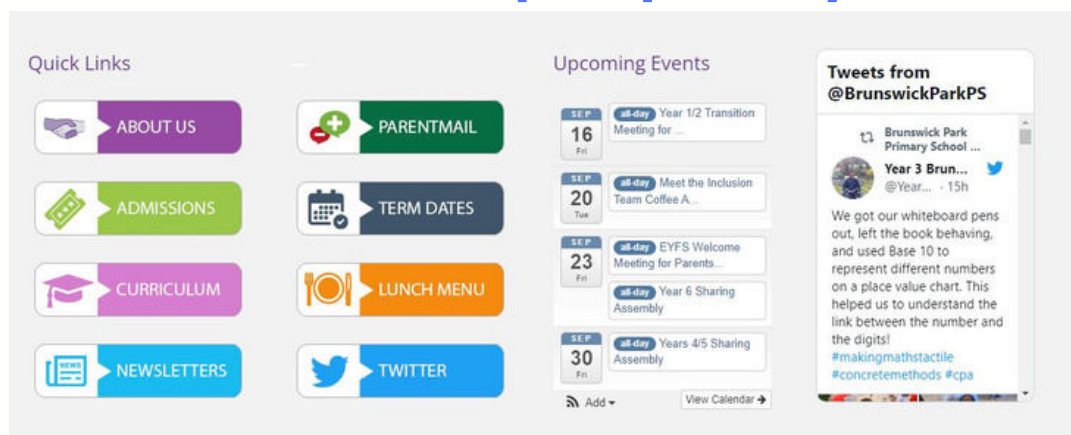
- ✓ Ask yourself what kindness online actually looks like. Can you remember the last time someone was kind or supportive towards you online? What did they do?
- ✓ Think about how it makes you feel when someone sends you a positive or funny message online.
- ✓ What about the opposite: has someone ever been deliberately unkind to you online? What did they do and how did it make you feel?
- ✓ If someone's behaviour online is causing you stress, try to remind yourself of all the steps you can take if a person's being unkind online.

## Meet Our Expert

Cayley Jorgensen is a registered counsellor with the Health Professions Council of South Africa, working in private practice to offer counselling to children, teenagers and young adults. She is the founder of Engage Support, a mobile app focusing on mental health awareness with the goal of providing resources and solutions to schools worldwide.



**NOS** National Online Safety®  
#WakeUpWednesday



On the Homepage of Brunswick's website there is the Events Diary, our Twitter Feed and Quick Links to all the information you need. Please use it to stay up to date; it is there to help you.

## Uniform

Sweatshirts, cardigans, bookbags and swimming hats are available to buy or collect from the School Office on **Wednesdays from 3.30-4.00pm**. If you choose to pay in cash, please bring the right money as we cannot give change. If you choose to pay online via ParentMail, please pay for your item/s before coming to collect them.

**Age 13 - adult sweatshirts = £10.00**

**All other sweatshirts = £8.00**

**Age 13 - adult cardigans = £13.00**

**All other cardigans = £11.00**

**Book Bags = £4.00**

**Swimming Hats = £1.00**

**Clothing with the old shoulder logo is available at the reduced price of £5.50**



### Making payments for goods and services at school

Payments for uniform, trips, Breakfast Club, top-up fees and Nursery After School Club can all be made either in cash at the School Office, or online, via ParentMail.

To pay for uniform online using ParentMail, you need to log in to your account and pay for the item/s before you collect them from the School on Wednesdays.

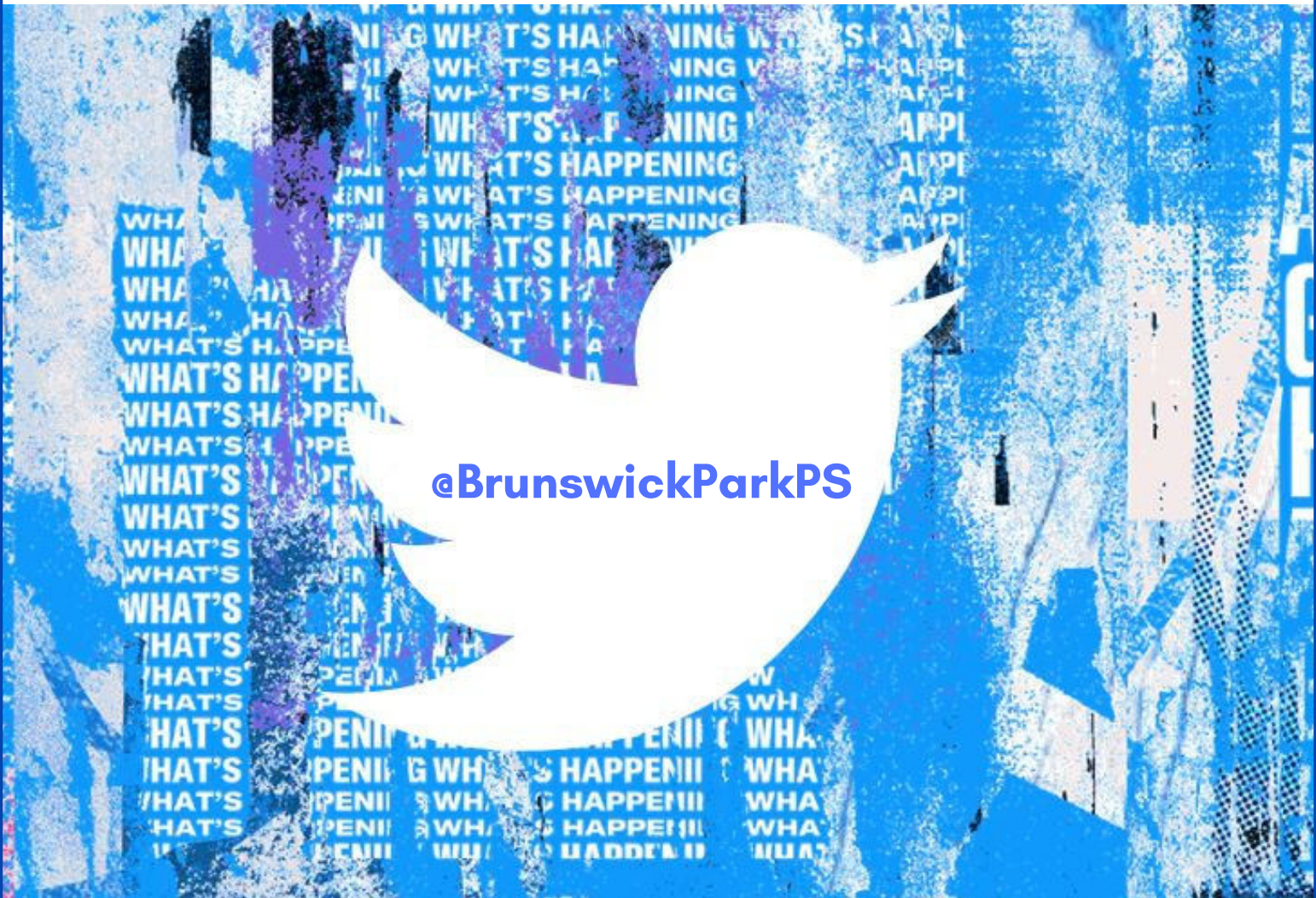
To pay for all other services - trips, Breakfast Club, top-up fees and Nursery After School Club - make sure your ParentMail account is registered to pay for the services you need, then you can pay for them online.

If you need support to register, please see the School Office Staff.

**WE HOPE THIS HELPS!**

# Follow us on Twitter

Classes and Year Groups Tweet regularly throughout the week to keep parents and carers up to date with what the children are learning and doing. Here are this year's Twitter usernames:



Resource Base  
[@ResourceBaseBP](#)



EYFS  
[@EyfsBPPS](#)



Years 1 and 2  
[@Years1and2BPPS](#)



Year 3  
[@Year3BPPS](#)



Years 4 and 5  
[@Years4and5BPPS](#)



Year 6  
[@Year6BPPS](#)



**The Play Shelter  
After School Club @  
Brunswick Park**

**£55 per week**

**£20 per day**

**3.30 - 6.00pm Monday - Friday**

To register your child, contact the Centre Manager on **07905 007964**  
or visit the After School Club in the Dining Hall.

email: [admin@theplayselter.co.uk](mailto:admin@theplayselter.co.uk)

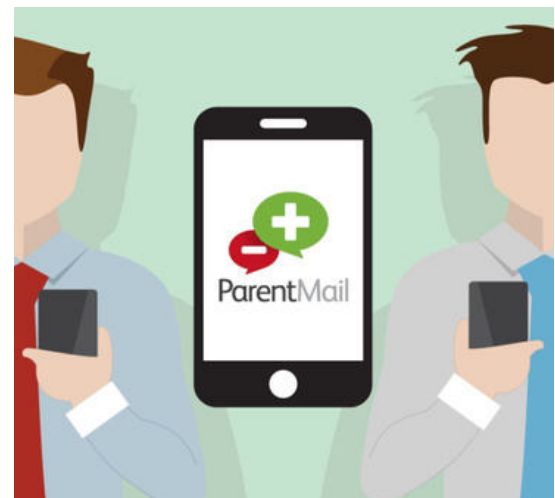
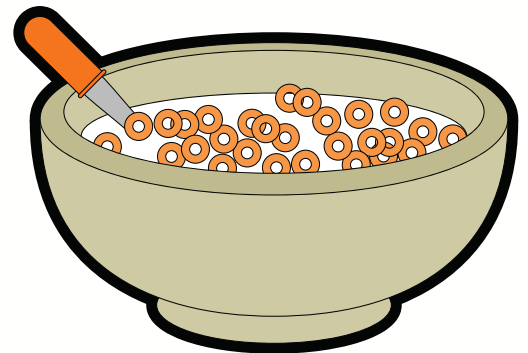
website: [www.theplayselter.co.uk](http://www.theplayselter.co.uk)

**Brunswick Park Breakfast Club**

**Reception - Year 6**

**£12 per week**

regardless of the number of days children attend,  
payable a week in advance at the School Office  
and online via ParentMail.



**7.45am until the start of the school day, Monday - Friday**

In the Dining Hall, run by Brunswick's own staff: Mikaela, Linda and Karen  
Nursery Breakfast Club details available from the School Office

# Term Dates 2022/2023

## ACADEMIC YEAR 2022-2023

**DO NOT BOOK HOLIDAY IN TERM TIME  
CHILDREN ARE ENTITLED TO 190 DAYS' EDUCATION PER YEAR**

### Autumn Term

**HALF TERM 1:** Thursday 1 September 2022 to Friday 21 October 2022

**INSET DAYS ON THURSDAY 1 SEPTEMBER AND FRIDAY 2 SEPTEMBER -  
CHILDREN RETURN ON MONDAY 5 SEPTEMBER**

**HALF TERM BREAK:** Monday 24 October 2022 to Friday 28 October 2022

**HALF TERM 2:** Monday 31 October 2022 to Friday 16 December 2022

**INSET DAY MONDAY 31 OCTOBER - CHILDREN RETURN ON TUESDAY 1 NOVEMBER**

### Spring Term

**HALF TERM 3:** Tuesday 3 January 2023 to Friday 10 February 2023

**INSET DAY ON TUESDAY 3 JANUARY - CHILDREN RETURN ON WEDNESDAY 4 JANUARY**

**HALF TERM BREAK:** Monday 13 February 2023 to Friday 17 February 2023

**HALF TERM 4:** Monday 20 February 2023 to Friday 31 March 2023

### Summer Term

**HALF TERM 5:** Monday 17 April 2023 to Friday 26 May 2023

(May Day bank holiday will be taken on 1 May)

**HALF TERM BREAK:** Monday 29 May 2023 to Friday 2 June 2023

**HALF TERM 6:** Monday 5 June 2023 to Friday 21 July 2023

**INSET DAY MONDAY 5 JUNE - CHILDREN RETURN ON TUESDAY 6 JUNE**

**Children finish at 2.00pm on 16 December 2022, 31 March 2023 and 21 July 2023**

# Term Dates 2023/2024

## ACADEMIC YEAR 2023-2024

**DO NOT BOOK HOLIDAY IN TERM TIME**

**CHILDREN ARE ENTITLED TO 190 DAYS' EDUCATION PER YEAR**

### Autumn Term

**HALF TERM 1:** Monday 4 September 2023 to Friday 20 October 2023

**INSET DAY ON MONDAY 4 SEPTEMBER**

**CHILDREN RETURN TO SCHOOL ON TUESDAY 5 SEPTEMBER**

**HALF TERM BREAK:** Monday 23 October 2023 to Friday 27 October 2023

**HALF TERM 2:** Monday 30 October 2023 to Wednesday 20 December 2023

### Spring Term

**HALF TERM 3:** Monday 8 January 2024 to Friday 9 February 2024

**HALF TERM BREAK:** Monday 12 February 2024 to Friday 16 February 2024

**HALF TERM 4:** Monday 19 February 2024 to Thursday 28 March 2024

### Summer Term

**HALF TERM 5:** Monday 15 April 2024 to Friday 24 May 2024

(May Day bank holiday will be taken on 6 May)

**HALF TERM BREAK:** Monday 27 May 2024 to Friday 31 May 2024

**HALF TERM 6:** Monday 3 June 2024 to Thursday 25 July 2024

**INSET DAYS MONDAY 22, TUESDAY 23, WEDNESDAY 24, THURSDAY 25 JULY**

**LAST DAY IN SCHOOL FOR CHILDREN IS FRIDAY 19 JULY 2024**

**Children finish at 2.00pm on 20 December 2023, 28 March 2024 and 19 July 2024**

### Public Holidays:

Monday 25 December 2023:	Christmas Day Holiday
Tuesday 26 December 2023:	Boxing Day Holiday
Monday 1 January 2024:	New Year Holiday
Friday 29 March 2024:	Good Friday
Monday 1 April 2024:	Easter Monday
Monday 6 May 2024:	May Day Bank Holiday
Monday 27 May 2024:	Spring Bank Holiday
Monday 26 August 2024:	Summer Bank Holiday

## Reminders to all Parents and Carers

### Correct School Uniform:

Please ensure your child comes to school in the correct uniform. All children must wear black shoes or plain black trainers, black or grey school trousers or skirts and socks and Hijabs should be plain white, black or grey. Grey or black shorts or purple checked summer dresses can be worn in warm weather.

### Punctuality:

Please ensure your child arrives to school on time every day; arriving late is embarrassing and missed learning time affects achievement and stops your child from reaching his or her potential.

### Parking:

Picton Street is now monitored by Council cameras from 08:30 - 09:15 and 15:00 - 16:00. If you arrive by car please factor this in, as you will need to park elsewhere and walk into Picton Street, or risk a warning/fine.

## Safeguarding Information

The designated team for Safeguarding at Brunswick Park Primary is  
Susannah Bellingham  
Caroline Campion and  
Thomas Moudiotis.

If you have any concerns about any child, please contact us.  
We are committed to Safeguarding all children and members of our school community and take all concerns seriously.

For your information, key school policies are available on request from the School Office and can be downloaded from the school Website under the 'Our School' tab.

Please check the website and Twitter for further details about what children have been doing and learning in school.

Missed a newsletter? All newsletters are available for download from the School Website under the 'News' tab.

<http://www.brunswickparkprimary.co.uk>

## Attendance Update

Highest attendance of the fortnight is Class 6B with 96%

Lowest attendance of the fortnight is Class 4/5A

Class with the most lateness is Class 4/5C

**Whole school attendance of the fortnight is 92%, due to a vomiting bug and strike action**

If your child needs to be absent from school for exceptional reasons, you need to complete an Exceptional Leave Request Form in good time beforehand, available on the website and from the School Office.

*Remember - don't book holiday in term time - even if the tickets are cheaper - as it cannot be authorised.*

*Children are entitled to 190 days' education per year.*

## Whole School Attendance Target: 97%

### Right to Reply:

17/03/23: Please email the address below to give us constructive suggestions or comments, including your name and your child's class.

Thank you.

[office@brunswickpark.southwark.sch.uk](mailto:office@brunswickpark.southwark.sch.uk)