

Brunswick Park Primary School

e-Newsletter

 @BrunswickParkPS

Friday 11 November 2022

Tel: 020 7525 9033



Brunswick Park
Primary School



www.brunswickparkprimary.co.uk

Dear Parents and Carers

November's Focus Value is **RESPONSIBILITY**

A warm welcome back after the Half Term Break, and to a packed edition of the Newsletter, which is full of information about Anti-Bullying Week - its theme is Reach Out - as well as children's achievements, photographs, things for children and adults to do, our new lunch menu and funds raised from October's Sponsored Athlete Event with Fred Afrifa.

Anti-Bullying Week always begins with Odd Socks Day on Monday, to remind children that everybody's different and we are all unique, then is followed up with an assembly and class activities. To support you at home, I have included two factsheets for parents and carers in this letter: one about WhatsApp, which is, sadly, all too often mis-used by children to be unkind - children (and some adults for that matter) write things they would never say, and do not understand it stays there forever - and one from National Online Safety about online bullying. I hope you find them helpful.

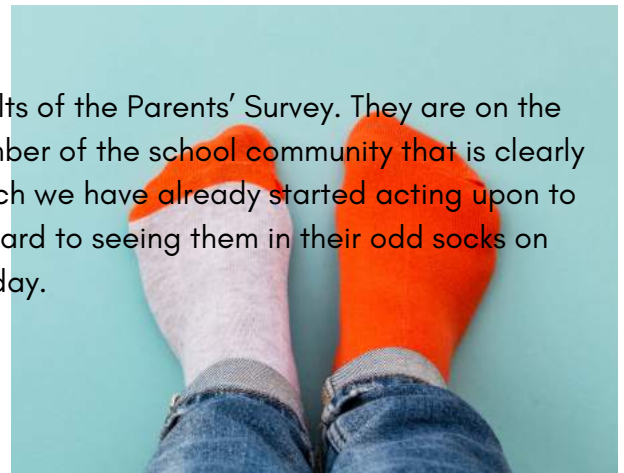
Sports for Schools has calculated the amount raised from our sponsored circuits with Fred Afrifa on 6 October, and it has raised **£1082.71** to spend on sports and activity equipment! Thank you to everyone who took the trouble to raise money, and the wristbands and posters are now on their way.

Our new lunch menu is in this letter and on the website. This one was developed with the children, and we have made sure that as many foods we know they enjoy and that they tell us they like are on it. Whilst there are strict rules and guidelines school caterers must follow to ensure food served to children at school is healthy and nutritionally balanced, ISS has worked hard to incorporate as many of the children's suggestions as possible, and as a result this is the most popular menu yet. We are seeing lots of totally clean plates, which is very encouraging.

But the best thing about this Newsletter is that it contains the results of the Parents' Survey. They are on the next two pages, and they make me incredibly proud to be a member of the school community that is clearly so important to you. Thank you for your thoughtful feedback, which we have already started acting upon to keep improving the school for your children. We are looking forward to seeing them in their odd socks on Monday, and scrubbed and polished for their photos on Wednesday.

With best wishes for a peaceful and enjoyable fortnight ahead.

Susannah Bellingham
Head Teacher



TERM DATES ARE ALWAYS ON THE NEWSLETTER AND WEBSITE





Our Parents'/Carers' Survey: the results are in...

Grateful thanks to all 102 parents and carers who completed our survey. As many parents have more than one child at the school, the number of responses is a clear representative example. Your feedback is invaluable.

% Agree

My child is happy at Brunswick Park

98%

I am happy I chose Brunswick Park for my child

98%

If I have an issue, it is resolved easily

91%

I have the right number of opportunities to speak to my child's teacher

91%

The school lets me know what my child is learning

89%

The school lets me know how my child is progressing with their learning

92%

As you can see, our satisfaction rate is extremely high, and with that we are delighted.

You also gave us detailed feedback about what we can do to improve.

We have grouped and prioritised it, and as a result will focus first on improving:

- **The number and variety of after school and extra curricular clubs and activities**
- **Making payment at the School Office and online easier**
- **Ensuring you know what your child is learning**

We have clear plans to improve these priorities, and will keep you updated with our progress.

You can tell us how well we are doing in next term's survey!

Thank you!

Parents and carers say the best thing about Brunswick Park Primary School is:



This is a (school shaped) Word Cloud made from your comments on the Parents'/Carers' Survey about what you feel is best about Brunswick Park.

The more times you used a word, the bigger and more frequently it appears in the cloud. Children learn best when they are happy, safe, cared for and when school is an environment that is positive, friendly and where relationships are good between them and the staff and their families.

The word cloud speaks for itself, and we are delighted you see Brunswick Park as a friendly community where staff are approachable and accommodating and care deeply for the children and their families.

COMMUNITY FRIENDLY CARING RELATIONSHIPS



Making payments for goods and services at school

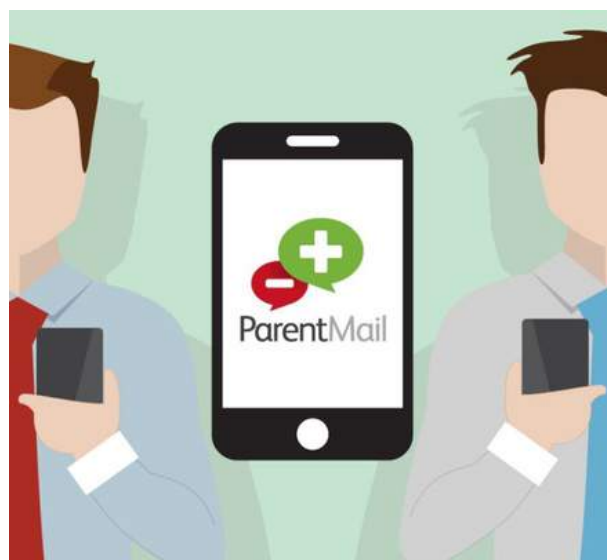
Your survey feedback told us this needs to be made easier. So, **from Monday 14 November**, payments for uniform, trips, Breakfast Club, top-up fees and Nursery After School Club can all be made either in cash at the School Office, or online, via ParentMail.

To pay for uniform online using ParentMail, you need to log in to your account and pay for the item/s **before** you collect them from the School on Wednesdays.

To pay for all other services - trips, Breakfast Club, top-up fees and Nursery After School Club - make sure your ParentMail account is registered to pay for the services you need, then you can pay for them online.

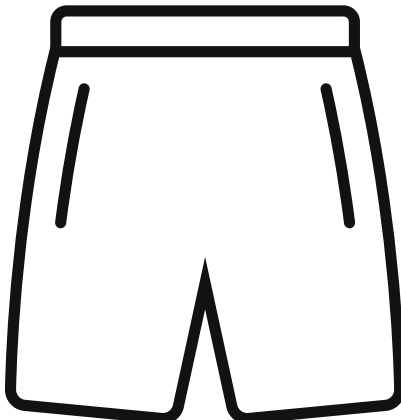
If you need support to register, please see the School Office Staff.

WE HOPE THIS HELPS!



School Uniform on PE Days

In the survey you told us you like the school uniform. If we have one, the children need to wear it. Children in Years 1-6 come to school in their PE kit on the day they have PE:



PE DAYS:

Tuesday:

Year 1
Year 2
Year 4
Year 5

Wednesday:

Year 6

Thursday:

Year 3
Resource Base

Friday:

Nursery
Reception

(Children in Nursery and Reception do not wear PE kit)

PE Kit:

White T-shirt or White polo shirt

Black shorts, leggings
or jogging bottoms

White socks

Black plimsolls or trainers

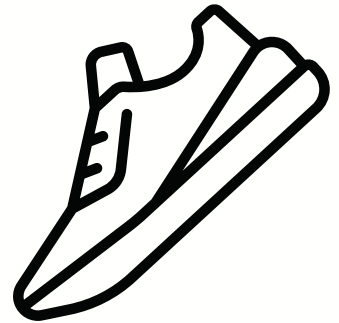
School jumper or cardigan

Children should not wear football boots of any kind for health and safety reasons, or coloured trainers.

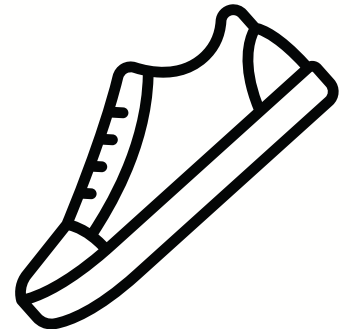
We will write to you if your child does not wear school PE kit; if you need support to provide it, please let School Office staff know.



or

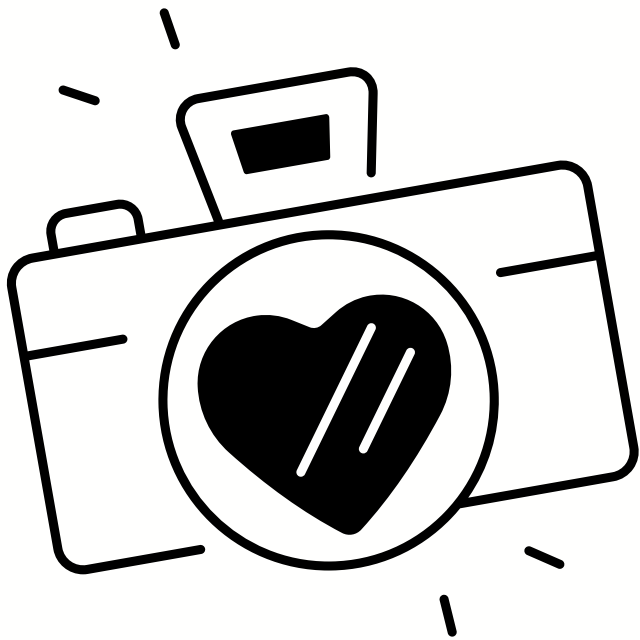


or



with





Individual School Photographs will be taken on **Wednesday 16 November**. Please ensure your child is wearing full school uniform. It is Year 6's PE day: pupils in Year 6 should come to school in full uniform and bring their PE kit in a bag to change into for the lesson.



Boost your immunity this winter

If you have certain health conditions, you are more at risk this winter and will need a flu vaccine and a COVID-19 booster. For example:

- Kidney disease
- Heart disease
- Liver disease
- Respiratory disease
- Neurological disease
- Diabetes
- Immunosuppressed

Get boosted. Get protected.

Check if you are eligible at:
nhs.uk/wintervaccinations

Information from the NHS.





Before the Half Term Break, on Thursday 13 October, Roshelle and Dominic took 16 girls and boys from Year 4 to GMH Park to play in an all inclusive football tournament. A lot of good teams were there from other local schools. Brunswick had an A Team and a B Team. Team B won the tournament, and Team A came second.

How amazing! First AND second place!

Many congratulations to both teams for playing so well and for winning the first sports trophy at Brunswick since Lockdown ended.

Well done!



The BPFAs Bake Sale raised £210!

Will you get involved with the BPFAs great work?

**BPFAs Winter Fair:
Friday 2 December**



The Brunswick Park Families Association (BPFAs) hosted a Halloween-themed bake sale after school on 20 October.

The sale raised £210 which will be used to support the school.

If you'd like to get involved in the BPFAs please email

brunswickparkfamilies@gmail.com.

We're already looking for volunteers to help with the Winter Fair on Friday 2 December. Come and help!

**BRUNSWICK PARK
FAMILIES ASSOCIATION**

presents the 2022

Winter Fair!

Friday 2nd December
KS2 Playground



**Food • Mulled Wine • Bake Sale
Face Painting • Crafts & Games • Music
Market Stalls • And more!**

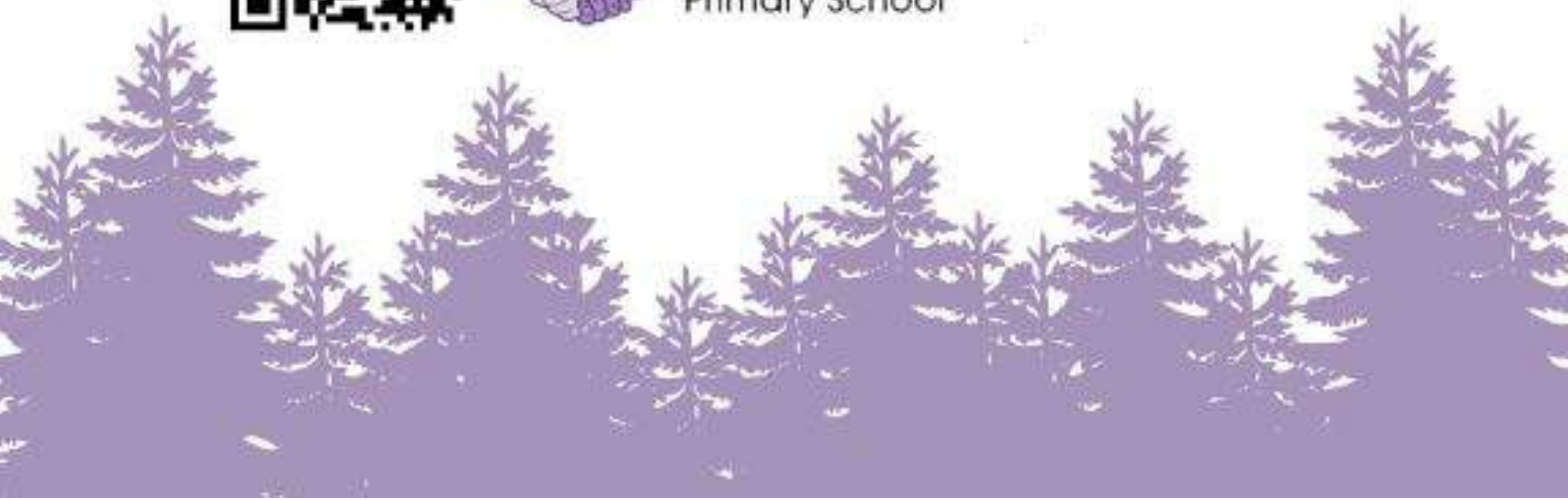
Donate
here



All fundraising benefits the Brunswick Park
Families Association, raising funds in aid of



Brunswick Park
Primary School



Buy your Christmas Tree from the Brunswick Park Families Association

And support our school! £10 from
each tree sold goes to the BPFA.

For an order form, visit the BPFA table
(under the shelter in the KS2
playground) at pick-up/drop-off
between now and 30th November.

Order now!



All fundraising benefits Brunswick Park Families
Association, raising funds in aid of



Brunswick Park
Primary School





Dear Parents/Carers,

WOOHOO... MONDAY 14TH NOVEMBER IS ODD SOCKS DAY!

WHAT IS ODD SOCKS DAY?

Odd Socks Day is part of Anti-Bullying Week! To celebrate that we are all unique, we ask that children wear odd socks to school on Monday 14th November. Last year over 13,000 schools took part in Odd Socks Day. Andy Day (CBeebies/CBBC) and his band Andy and the Odd Socks are supporting the Anti-Bullying Alliance to help bring Odd Socks Day to life again this year. Have a listen to the brilliant song they have recorded especially for Anti-Bullying Week, Calling Out.

WHY IS ODD SOCKS DAY IMPORTANT?

The day sends an important message to pupils that they should be allowed to be themselves free from bullying and helps us celebrate Anti-Bullying Week in a fun and positive way.



WHAT DO WE NEED FROM YOU?

It's so easy 😊 Here's what you do:

- 1.** Make sure your child wears odd socks to school
- 2.** Donate £1 to help the Anti-Bullying Alliance carry on important work
- 3.** If you want to, you can share a photo online using #OddSocksDay #AntiBullyingWeek and tag @abaonline and @AndyOddSock on Twitter. Or @antibullyingalliance and @andyandtheoddsocks on Instagram.

Monday
14TH
November

THANK YOU, THANK YOU, THANK YOU!

Every penny goes to the Anti-Bullying Alliance to help continue all their work. We can't wait to see all the Odd Socks on Monday 14th November ...

If you have any questions please ask:

.....



 ANTI-BULLYING
ALLIANCE

ORGANISER

 REACH
OUT

#ANTIBULLYINGWEEK

 Andy and
the
Odd Socks

PARTNER

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Keep your child safe on WhatsApp



What are the risks?

- › Bullying, particularly in group chats
- › Seeing content of a sexual nature, or showing violence and hatred
- › Settings that allow messages to disappear after 24 hours or 7 days. This could make it harder to track bullying, and your child might share things they wouldn't otherwise because it'll disappear
- › Sharing their live location, particularly with people they don't know in person
- › Spam or hoax messages
- › Being exposed to strangers through group chats

WhatsApp says the **minimum age** to use it is **16**, but younger children can still use it easily.

6 steps to help your child use WhatsApp safely

1. Keep their personal information and location private

By default, WhatsApp shows profile photos, status and when you last used it to all users.

Encourage your child to only share this information with their contacts, and be careful about who they talk to on the app, as anyone could pretend to be a child online.

To check and change these settings:

- › On an **iPhone**, open settings in WhatsApp (the cog icon), then Account > Privacy. Tap the setting you want to change, then choose who it should be visible to
- › On **Android**, tap the 3 dots in the top-right of the home screen, then > Settings > Account > Privacy. Tap the setting you want to change, then choose who it should be visible to

WhatsApp also has a feature that you can use to share your 'live location' with others. Tell your child to keep this turned off, or to only share their location with people they trust.

To check this:

- › On an **iPhone**, go to phone Settings (the cog icon) > WhatsApp > Location, and tap to change if you need to
- › On **Android**, go to privacy settings as above, then scroll down to 'Live location', and tap to change if you need to

2. Remind your child to be careful about what they share

It's easy to forward messages, photos and videos to others on WhatsApp. Even if your child sets a message to automatically disappear or deletes it after sharing it, the person they send it to could still screenshot it, forward it to someone else, or save it.

So before they share anything, tell them to ask themselves: "Would I want others to see what I'm about to send?"

3. Remind your child they can leave group chats

If they see something they're not comfortable with in a group chat, or are in a chat with someone they don't know and are uncomfortable with, they should leave the group. To do this:

- › On an iPhone, go into the group chat, tap the group subject, then > Exit group > Exit group
- › On Android, go into the group chat, tap the group subject, then > Exit group > Exit

4. Make sure your child knows how to report and block people

When they first receive a message from an unknown number, they'll have the option to report it.

If someone in your child's contacts is upsetting them or making them uncomfortable, they can report or block them at any point (WhatsApp won't tell the user they've been blocked/reported).

To do this:

- › On an iPhone, open settings in WhatsApp, go to Account > Privacy > Blocked > Add New..., then find the contact they want to block, and tap the contact
- › On Android, tap the 3 dots icon, then Settings, then tap Account > Privacy > Blocked contacts, tap the icon in the top right showing a person and a plus sign, search for the contact they want to block, then tap the contact to block them

To report issues like offensive or abusive content or spam:

- › On an iPhone, open the chat with the user you want to report, tap the contact then then tap Report Contact > Report And Block
- › On Android, open the chat with the user you want to report, then tap the 3 dots icon, then > More > Report

5. Encourage your child to watch out for spam and hoax messages

These can appear to come from contacts, as well as people they don't know. Tell your child to watch out for messages that:

- › Ask them to tap on a link, or specifically to click on a link to activate a new feature
- › Ask them to share personal information like bank account details, date of birth or passwords
- › Ask them to forward the message
- › Say they have to pay to use WhatsApp
- › Have spelling or grammar errors

6. Tell our school about any bullying they experience

Look for signs they your child may be being bullied, like being afraid or reluctant to go to school, feeling nervous, losing confidence or becoming distressed and withdrawn, or losing sleep.

Sources used in this factsheet

- › [Bullying and cyberbullying, NSPCC](https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/)
<https://www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/>
- › [Help Centre, WhatsApp](https://faq.whatsapp.com/?locale=en_US)
https://faq.whatsapp.com/?locale=en_US

This factsheet was produced by [The Key Safeguarding](https://thekeysupport.com/safeguarding): thekeysupport.com/safeguarding

What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING



Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health – so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.



1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

3. STAY VIGILANT

Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

Childline: talk to a trained counsellor on 0800 1111 or online at www.childline.org.uk/get-support/

National Bullying Helpline: counsellors are available on 0845 225 5787 or by visiting www.nationalbullyinghelpline.co.uk/cyberbullying.html

The NSPCC: the children's charity has a guide to the signs of bullying at www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/ and can be reached on 0800 800 5000

6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent 'fighting their battles for them'. In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



National
Online
Safety®

#WakeUpWednesday

Autumn 2022-Spring 2023 Lunch Menu

Week Commencing: 31 OCT / 21 NOV / 12 DEC / 2, 23 JAN / 13 FEB / 6, 27 MAR

WEEK 1

Monday

Rajma Masala with Rice 
Halal Chicken & Sweetcorn Meatballs In Sauce
Jacket Potato - Beans/Cheese/Tuna Mayo
Sweetcorn & Broccoli 
Fruit or Yoghurt 

Tuesday

Macaroni Cheese 
Halal Keema Curry & Rice
Jacket Potato with BBQ Baked Beans
Peas & Cauliflower 
Fruit or Yoghurt 

Wednesday

Vegetable Biryani 
Halal Roast Chicken with Roast Potatoes & Gravy
Jacket Potato - Beans/Cheese/Tuna Mayo
Carrots & Green Beans 
Strawberry Jelly 

Thursday

Cheese & Tomato Pasta 
Margherita Pizza 
Jacket Potato with Ratatouille
Sweetcorn & Vegetable Medley 
Cheese & Crackers 

Friday

Vegetable & Lentil Bolognese with Pasta 
Fish Fingers & Chips 
Jacket Potato - Beans/Cheese/Tuna Mayo
Peas & Baked Beans 
Pear & Chocolate Sponge 

Key



Vegetarian



Plant Based Vegan Friendly



Sustainably Caught Fish

Week Commencing: 7, 28 NOV / 19 DEC / 9, 30 JAN / 20 FEB / 13 MAR / 3 APR

WEEK 2

Monday

Quorn Burger in a Bun 
Halal Chilli Con Carne with Rice
Jacket Potato - Beans/Cheese/Tuna Mayo
Carrots & Vegetable Medley 
Fruit or Yoghurt 

Tuesday

Quorn Sausage with Mashed Potato & Gravy 
Halal Chicken Sausage with Mashed Potato & Gravy
Jacket Potato with Vegetable Bolognese
Broccoli & Sweetcorn 
Fruit or Yoghurt 

Wednesday

Macaroni Cheese 
Halal Lemon & Herb Roast Chicken with Roast Potato
Jacket Potato - Beans/Cheese/Tuna Mayo
Peas & Carrots 
Oat Dream Cookie 

Thursday

Tomato, Lentil & Bean Pasta Bake 
Margherita Pizza 
Jacket Potato with Vegetable & Chickpea Balti
Sweetcorn & Green Beans 
Cheese & Crackers 

Friday

Quorn Nuggets with Chips 
Fish Fingers & Chips 
Jacket Potato - Beans/Cheese/Tuna Mayo
Peas & Baked Beans 
Apple Crumble with Custard 

Week Commencing: 14 NOV / 5 DEC / 16 JAN / 6, 27 FEB / 20 MAR

WEEK 3

Monday

Cheese & Tomato Pasta 
Jerk Chicken, Rice & Peas
Halal Jerk Chicken, Rice & Peas
Jacket Potato with Vegetable Bean Chilli
Carrots & Green Beans 
Fruit or Yoghurt 

Tuesday

Honey & Ginger Soya Strips with Noodles 
Pasta Bolognese 
Halal Pasta Bolognese
Jacket Potato - Beans/Cheese/Tuna Mayo
Peas & Sweetcorn 
Fruit or Yoghurt 

Wednesday

Chickpea & Vegetable Tagine with Lemon Cous Cous 
Roast Chicken with Roast Potatoes & Gravy
Halal Roast Chicken with Roast Potatoes & Gravy
Jacket Potato - Beans/Cheese/Tuna Mayo
Carrots & Green Beans 
Orange Jelly 

Thursday

Roasted Vegetable Lasagne 
Margherita Pizza 
Jacket Potato with Beany Ratatouille
Broccoli & Sweetcorn 
Cheese & Crackers 

Friday

Cheese & Tomato Whirl with Chips 
Fish Fingers & Chips 
Jacket Potato - Beans/Cheese/Salmon Mayo
Peas & Baked Beans 
Pineapple Upside Down Cake 

WHY NOT TRY ONE OF THE RECIPES AT HOME?

Spaghetti Bolognese is a family favourite, this recipe although just as popular has all those extra benefits - healthier for you & the planet!

BETTER FOR YOU, BETTER FOR THE PLANET

Welcome to our healthiest menu yet!

We've been working hard to continue to improve our recipes so they're just as delicious but also better for you and the planet!

One way we've done this is by adding more plant based proteins such as red lentils and borlotti beans and that's meant...



WE'VE REDUCED SATURATED FAT **BY 8%** PER PORTION



WE'VE ADDED LENTILS & BEANS WHICH CONTRIBUTE TOWARDS PUPILS' **5-A-DAY**



WE'VE INCREASED FIBRE BY ABOUT **60%** PER A PORTION

MADE FROM GREAT INGREDIENTS, BY AWESOME PEOPLE!

Our our meals are balanced and made from ingredients which are sustainably sourced and better for animal welfare.



OVER 80% OF OUR DISHES ARE FRESHLY PREPARED EACH DAY

ALL OF THE EGGS WE USE ARE FREE RANGE & RSPCA ASSURED



Our ingredients are sourced from local and UK suppliers wherever possible - a fact we love to show off through our partnership with Love British Food.

Terrific VALUE ...AND ABSOLUTELY FREE



CHOOSING FREE SCHOOL MEALS
If your child is in key stage 1 or your family is entitled to certain benefits - it could save you around £400 every year.



OUR MEALS OFFER GREAT VALUE
Few places offer homemade two course meals made from great ingredients

Our nutritionists talk about the benefits of the new recipes!

We've reduced our CO₂ emissions by an average of **420g per meal** with these new recipes!

That's the equivalent of driving a medium sized petrol car for almost a mile.

CONTACT US:

Payments and Meal Ordering

Nutrition Guidance

CLICK HERE TO VISIT OUR WEBSITE



Feeding Hungry Minds



Sophie Crosswaite, Nutritionist, Shares her thoughts on the value of school lunches.

CAMBERWELL CHOIR SCHOOL



**MUSIC CLUB FOR
4 TO 6 YEAR OLDS
EVERY SATURDAY
FROM 11:00 AM
TO 12 NOON**

*Try out a wide range of instruments
and have lots of fun singing and
exploring musical sounds. All Choir
School activities are provided free
but donations are very welcome.*

ST GILES HALL BENHILL ROAD SE5

camberwellchoirschool@gmail.com

www.camberwellchoirschool.org.uk

To donate please visit www.localgiving.com/ccs

Camberwell Choir School is a registered charity no. 10102667



**MINI MUSIC FOR 0 TO 3
YEAR OLDS EVERY SATURDAY
FROM 10:15AM TO 10:50 AM**

*Singing, parachute and musical games,
storytelling, percussion, and a chance to
have fun with other children and parents on
a Saturday morning.*



CAMBERWELL CHOIR SCHOOL



*Come and have lots of fun
trying out keyboards, drums,
violin, cello, steel pan,
percussion and a range of
other instruments, and sing
some amazing songs. There
is also a musical drama club
from 1:00pm to 1:30pm*



**JUNIORS FOR 7 TO 9 YEAR
OLDS EVERY SATURDAY
FROM 12NOON TO 1:00PM**



**SENIORS FOR 10 TO 17
YEAR OLDS EVERY
SATURDAY FROM
1:30PM TO 2:30PM**



*All Choir School activities are provided free
but donations are very welcome. No pre
existing musical skills are required, just turn
up at the appropriate time for your age
group.*

ST GILES HALL BENHILL ROAD

camberwellchoirschool@gmail.com

www.camberwellchoirschool.org.uk

To donate please visit www.localgiving.com/ccs

PACT AUTUMN

Weekly Group Programme

MONDAY/LUNES

BABIES @ MUMSPACE 11-12NOON, CAMBERWELL SALVATION ARMY

A group for parents with under one's, for fun, interactive and wellbeing sessions. Contact Mena 07534 727316 or mena.amnour@citizensuk.org

PARENT UNIVERSITY 1-2.30PM

For more details and to sign up for this course see page 2 of this programme or contact contact Mena on 07534 727316 or mena.amnour@citizensuk.org.

PACT ALLOTMENT 10-11AM

For more details see page 2 of this programme or contact Layla on layla.meerloo@citizensuk.org or 07376014330

TUESDAY/MARTES

MUMSPACE 10.30-12NOON, ST MICHAELS

Join us for active play as we enjoy the indoors and the outdoors of St Michael's, a drop in for under 4's. We have wellbeing, creative sessions and visits from our fantastic Health professionals. Contact Mena on 07534 727316 or mena.amnour@citizensuk.org.

WEDNESDAY/MIERCOLES

BE WELL WEDNESDAYS 10.00-11.00, ST MICHAELS

Join us for a cup of coffee and chat. It's a chance to meet new people, support your wellbeing and connect with our Be Well Champions. For more information contact Ellie on 07904804695 or elena.demetri@citizensuk.org

ESPACIO MAMA 10.30-12PM, SAN MATEO

Únete a este grupo para madres embarazadas o con niños pequeños, donde tendrán un espacio para conectar y tener información de Health Visitor. Contacta a Mery Calderon al 07399584871 mery.calderon@citizensuk.org

FRIDAY/VIERNES

MUMSPACE 10-11.30AM, SALVATION ARMY

A play session for families with children under 4 including workshops on topics such as wellbeing, Health Visitor advice, family cooking and Mums Take Over! Contact Rose on 07821 447526 or rose.peake@citizensuk.org

ESPACIO MAMA 1-2.30PM, SAN MATEO

Únete a este grupo para madres embarazadas o con niños pequeños, donde tendremos a LAWRS y la oportunidad de divertirte con tu niño(s). Contacta a Mery Calderon al 07399584871



Our venues

St Michaels
Wyndham Road
Camberwell
SE5 0UB
(next to Ark All Saints)

**San Mateo/St
Matthews Church**
Meadow Row
Elephant & Castle
SE1 6RC

**Camberwell
Salvation Army**
105 Lomond Grove
Camberwell
SE5 7HG



New to PACT? ¿Nueva en PACT?

You are welcome to just turn up and register with us or can contact the group organiser. Las invitamos a que vengan y se registren con nosotras o pueden ponerse en contacto con la organizadora de cada grupo.

ARE YOU PREGNANT OR A NEW PARENT?

SIGN UP FOR OUR PARENT UNIVERSITY COURSES ON MONDAYS FROM 1-2.30PM



Parent University is a place to meet new mums, share experiences and make new friends. Fatimah



Antenatal Course

3 sessions

Pregnant women & partners

Postnatal Course

7 sessions

For parents with babies under 8mths.

All sessions will be at Camberwell Salvation Army, 105 Lomond Grove, SE5 7HG. To find out more or sign up, contact Mena Amnour on 07534 727316 or mena.amnour@citizensuk.org

BLACK MATERNAL VOICES



We are a group of black mothers who meet monthly to offer support to each other and make positive change.

When: Every 2nd Thursday of the month

Time: 1.00 - 2.30 PM

Where: United Reformed Church, Love Walk SE5 8AE (almost on the corner with Grove Lane)

Contact:

Munira.Nesredin@citizensuk.org or 07399241320 for more information

Rose VOUCHERS for fruit & veg

Would you like to buy more fruit & vegetables for your family?

Are you a member of PACT/ MumSpace/ Espacio Mama?

We can help you to apply for Rose Vouchers and Healthy Start Vouchers. They support families on low incomes and families who have NRPF to buy fresh fruit and vegetables.

For more information, call Mena 07534 727316 or Munira 07399 241320



PACT ALLOTMENT



Grow fruit and veg at the PACT allotment, Mondays 10 - 11.

Siembra fruta y verdura en la huerta de PACT, lunes de 10- 11.

Contact: layla.meerloo@citizensuk.org or 07376014330

Parents and Communities Together (PACT)

www.pact-citizens.org

07507706460

Instagram: [PACT_Southwark](https://www.instagram.com/PACT_Southwark)

Facebook: [PACT Southwark](https://www.facebook.com/PACT_Southwark)

Twitter: [@PACTSouthwark](https://twitter.com/PACTSouthwark)

PARENT UNIVERSITY

A **free** course for pregnant women
and new parents



Parent University is
a place to meet new
mums, share
experiences and
make new friends.
Fatimah



Join us Mondays 1-2.30PM throughout the year (term time)
Find us at Camberwell Salvation Army, 107 Lomond Grove,
Camberwell SE5 7HG

Sessions are delivered by PACT staff, in
partnership with local health professionals.

We run **antenatal** (3 sessions) and
postnatal (7 sessions) courses.

*Parent University has helped me prepare for
my baby, and gain knowledge about how to
care for my baby and myself.*

To find out more about the sessions, start dates or sign up,
contact Mena Amnour:
mena.amnour@citizensuk.org or call/message 07534 727316

THEATRE
PECKHAM

Scroogelicious

a theatre peckham production

Bare Humbug Innit!



1st - 23rd December

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**ARTS COUNCIL
ENGLAND**



SCAN ME

📍 221 Havil St, London, SE5 7SB

☎ 020 7708 5401

🌐 theatrepeckham.co.uk

🐦 @theatrepeckham



On the Homepage of Brunswick's website there is the Events Diary, our Twitter Feed and Quick Links to all the information you need. Please use it to stay up to date; it is there to help you.

School Tours for New Parents/Carers

We are pleased to announce a series of Open Mornings now available where we will be happy to greet parents from 10am on the following dates:

- **Friday 18 November 2022**
- **Friday 25 November 2022**
- **Friday 9 December 2022**
- **Friday 6 January 2023**
- **Friday 13 January 2023**

If you would like to book one of the above open mornings, please contact us on 020 7525 9033 to book your slot.

We look forward to meeting you, and showing you around the school.

Uniform

Sweatshirts, cardigans, bookbags and swimming hats are available to buy or collect from the School Office on **Wednesdays from 3.30-4.00pm**. If you choose to pay in cash, please bring the right money as we cannot give change. If you choose to pay online via ParentMail, please pay for your item/s before coming to collect them.

Age 13 - adult sweatshirts = £10.00

All other sweatshirts = £8.00

Age 13 - adult cardigans = £13.00

All other cardigans = £11.00

Book Bags = £4.00

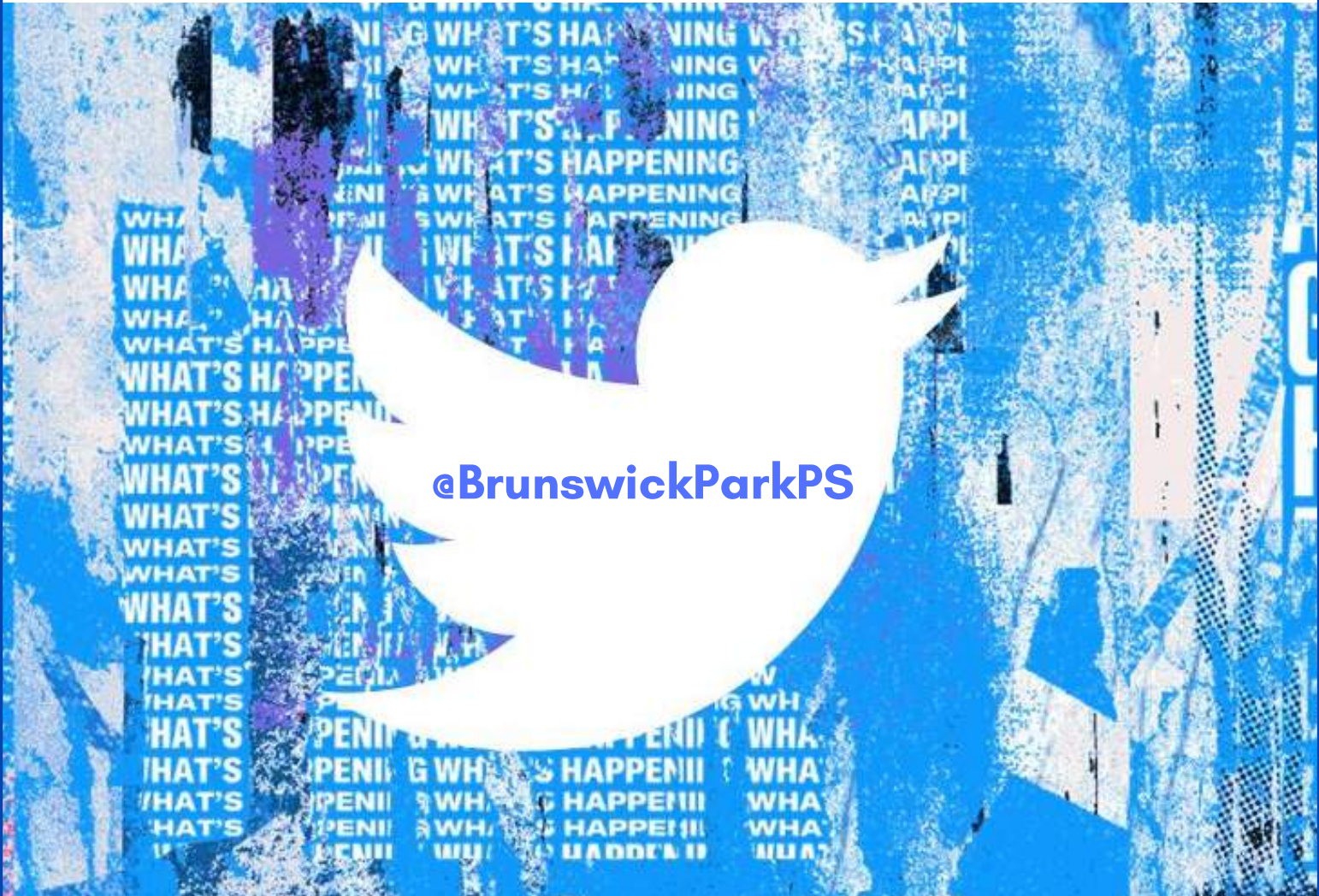
Swimming Hats = £1.00

Clothing with the old shoulder logo is available at the reduced price of £5.50



Follow us on Twitter

Classes and Year Groups Tweet regularly throughout the week to keep parents and carers up to date with what the children are learning and doing. Here are this year's Twitter usernames:



[@BrunswickParkPS](https://twitter.com/BrunswickParkPS)



Inclusion Team
[@InclusionBPPS](https://twitter.com/InclusionBPPS)



EYFS
[@EyfsBPPS](https://twitter.com/EyfsBPPS)



Years 1 and 2
[@Years1and2BPPS](https://twitter.com/Years1and2BPPS)



Year 3
[@Year3BPPS](https://twitter.com/Year3BPPS)



Years 4 and 5
[@Years4and5BPPS](https://twitter.com/Years4and5BPPS)



Year 6
[@Year6BPPS](https://twitter.com/Year6BPPS)



The Play Shelter After School Club @ Brunswick Park

£55 per week

£20 per day

3.30 - 6.00pm Monday - Friday

To register your child, contact the Centre Manager on **07905 007964**
or visit the After School Club in the Dining Hall.

email: admin@theplayshester.co.uk

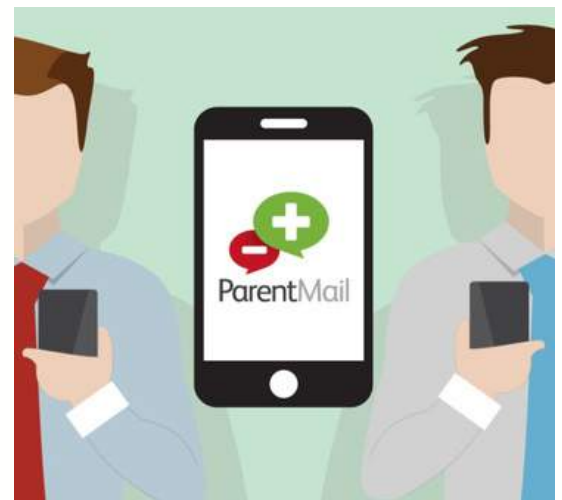
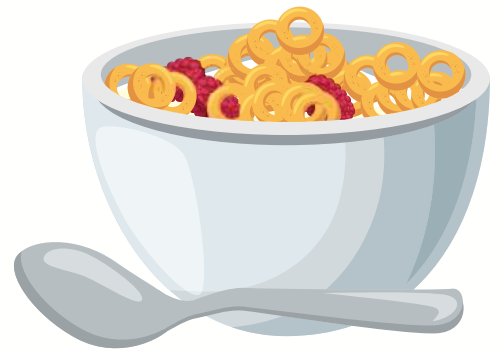
website: www.theplayshester.co.uk

Brunswick Park Breakfast Club

Reception - Year 6

£12 per week

regardless of the number of days children attend,
payable a week in advance at the School Office
and online via ParentMail.



7.45am until the start of the school day, Monday - Friday

In the Dining Hall, run by Brunswick's own staff: Mikaela, Linda and Karen
Nursery Breakfast Club details are on the next page



Brunswick Park Primary School

Nursery Admissions

OPEN

September 2022

Brunswick Park Primary School offers:

15 hours childcare

Free

30 hours childcare

Free (subject to eligibility)

Breakfast Club from 7:45am

£16 per week

After School Club until 6:00pm

£50 per week

We ensure a safe, nurturing, home from home environment where children's needs and interests inspire planning to extend learning. Children make use of a range of indoor and outdoor spaces with the best resources which allow children to maximise their learning experience. All of our staff members are carefully selected. We foster a culture where staff are warm and caring to ensure supportive relationships with children and families.

**To book a visit or reserve a place please contact the office
or scan the QR code:**



020 7525 9033

office@brunswickpark.southwark.sch.uk

SCAN ME

| Learning for living through respect, support and challenge |

Term Dates 2022/2023

ACADEMIC YEAR 2022-2023

Autumn Term

HALF TERM 1: Thursday 1 September 2022 to Friday 21 October 2022

**INSET DAYS ON THURSDAY 1 SEPTEMBER AND FRIDAY 2 SEPTEMBER -
CHILDREN RETURN ON MONDAY 5 SEPTEMBER**

HALF TERM BREAK: Monday 24 October 2022 to Friday 28 October 2022

HALF TERM 2: Monday 31 October 2022 to Friday 16 December 2022

INSET DAY MONDAY 31 OCTOBER - CHILDREN RETURN ON TUESDAY 1 NOVEMBER

Spring Term

HALF TERM 3: Tuesday 3 January 2023 to Friday 10 February 2023

INSET DAY ON TUESDAY 3 JANUARY - CHILDREN RETURN ON WEDNESDAY 4 JANUARY

HALF TERM BREAK: Monday 13 February 2023 to Friday 17 February 2023

HALF TERM 4: Monday 20 February 2023 to Friday 31 March 2023

Summer Term

HALF TERM 5: Monday 17 April 2023 to Friday 26 May 2023

(May Day bank holiday will be taken on 1 May)

HALF TERM BREAK: Monday 29 May 2023 to Friday 2 June 2023

HALF TERM 6: Monday 5 June 2023 to Friday 21 July 2023

INSET DAY MONDAY 5 JUNE - CHILDREN RETURN ON TUESDAY 6 JUNE

Children finish at 2.00pm on 16 December 2022, 31 March 2023 and 21 July 2023

Reminders to all Parents and Carers

Correct School Uniform:

Please ensure your child comes to school in the correct uniform. All children must wear black shoes or plain black trainers, black or grey school trousers or skirts and socks and Hijabs should be plain white, black or grey. Grey or black shorts or purple checked summer dresses can be worn in warm weather.

Punctuality:

Please ensure your child arrives to school on time every day; arriving late is embarrassing and missed learning time affects achievement and stops your child from reaching his or her potential.

Parking:

Picton Street is now closed to traffic from 08:30 - 09:15 and 15:00 - 16:00. If you arrive by car please factor this in, as you will need to park elsewhere and walk into Picton Street.

Safeguarding Information

The designated team for Safeguarding at Brunswick Park Primary is
Susannah Bellingham
Caroline Champion and
Thomas Moudiotis.

If you have any concerns about any child, please contact us. We are committed to Safeguarding all children and members of our school community and take all concerns seriously.

For your information, key school policies are available on request from the School Office and can be downloaded from the school Website under the 'Our School' tab.

Please check the website and Twitter for further details about what children have been doing and learning in school.

Missed a newsletter? All newsletters are available for download from the School Website under the 'News' tab.

<http://www.brunswickparkprimary.co.uk>

Attendance Update

Highest attendance of the fortnight is Class RA and Class 3B with 100%

Lowest attendance of the fortnight is Class 1/2C

Class with the most lateness is Class 1/2A

Whole school attendance of the fortnight is 96%

If your child needs to be absent from school for exceptional reasons, you need to complete an Exceptional Leave Request Form in good time beforehand, available on the website and from the School Office.

Remember - don't book holiday in term time - even if the tickets are cheaper - as it cannot be authorised.

Whole School Attendance Target: 97%

Right to Reply:

11/11/22: Please email the address below to give us constructive suggestions or comments, including your name and your child's class.

Thank you.

office@brunswickpark.southwark.sch.uk