

# Brunswick Park Primary School

## e-Newsletter no. 83



**Brunswick Park**  
Primary School



Monday 8 March 2021

Tel: 020 7525 9033

[www.brunswickparkprimary.co.uk](http://www.brunswickparkprimary.co.uk)

March's Focus Value is **PATIENCE**

**Dear Parents and Carers**

The time has finally arrived, and it is a lucky coincidence that March's Focus Value is Patience, for we have had to be very patient indeed whilst waiting for schools to reopen to all children. We are gearing up for some very excited pupils - and their parents and carers - who have been waiting to see their friends, see their teachers and support staff and get settled back into a familiar routine that involves being sociable. As Joni Mitchell sang, 'you don't know what you've got till it's gone', and lots of children realised that going to school meant more to them than they thought it did, but I know that there are many parents and carers who will not miss the loss of home schooling for even a second! The challenge for us now as a school community is to keep protecting ourselves and each other so we don't have to close again. Schools reopening may threaten the improvements made by lockdown, so it is really important we persevere.

I have written to tell you about how we are implementing the latest Government Guidance until Easter, and these arrangements are also summarised in this Newsletter. Public Health England is concerned about increased virus transmissibility between adults, which is why guidance on adults wearing face coverings has changed:

***All parents, carers and visitors need to wear a face covering from 8 March in all areas of the school premises including playgrounds. Unless you have evidence of exemption, please ensure your face covering is in place over your nose and mouth before coming through the school gates. Plastic visors or shields can be worn in addition to, but not instead of, a face covering.***

I thank you in advance for your co-operation and support of this measure, which is at the moment in place for the short term. Staff will wear face coverings in all communal areas and corridors, and continue to test themselves twice a week with Lateral Flow Tests at home.

Please look out for booking information on EventBrite this week about Parents' Evenings, which are being held online on 25 and 26 March. They were a great success last term, and this term we want to see even more parents and carers to discuss your children's progress and how well they are catching up with their learning.

We look forward to seeing you at the following times and places:

- Start and finish times, entrances and exits

	EYFS: Nursery and Reception To classrooms	Years 1 and 2 Year 1 to classrooms Year 2 to KS1 playground running track – teachers will meet you	Years 3 and 4 and Resource Base Resource Base to Classrooms Years 3 and 4 use back stairs	Years 5 and 6 Use Year 5/6 stairs
Arrival on Bantry Street	09:00 – 09:15 through the Nursery Gate	08:45 – 09:00 through the KS1 Gate	08:45 – 09:00 through the Main Gate	08:30 – 08:45 through the big Fire Gates
Finish	15:15  Nursery finish at 12:00	15:30	15:30	15:15

This Newsletter's not just about COVID - there's lots of other information including our upcoming Science Day on 12 March, part of British Science Week celebrations, and the opportunity to help on our allotments. We keep calm and carry on.

With best wishes for a safe and healthy fortnight ahead

Susannah Bellingham, Head Teacher





## NURSERY

**From September 2021 we are delighted to be offering full time places as well as part time places in our Nursery.**

**Nursery children receive a free lunch/snack and, for a fee, can use the breakfast club and after school club facilities.**

**If you qualify for 30 hours' free childcare, your child will be able to have a full time place, subject to availability. If you qualify for 15 hours' free childcare, you will be able to choose morning or afternoon sessions for your child, or a combination of both.**

**Please contact the School Office to find out more and request an application form.**

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## Getting involved with gardening



You may know that the school has an on site vegetable garden as well as space at the local allotments on Caspian Street.

This year, we are looking for families who'd like to get involved with the whole growing process from after Easter, right through to the harvest in mid September/early October.

If your children and you would like get stuck in, find out more from our TA Jonny White by emailing him directly on [jwhite33.210@lgflmail.org](mailto:jwhite33.210@lgflmail.org)

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# Safeguarding our mental health and wellbeing



## It's OK to not feel OK

Feeling worried or stressed is normal during challenging times. However, it is really important that we take care of our mental health and wellbeing as much as possible. This is a pack of little things you can do to keep yourself well and some useful ways to get support if you are finding it hard. Don't be afraid to ask for help if you need it.

> Be kind to yourself, find time to do something you enjoy.



> Connect with others, by phone, text, social media, write a letter or smile at your neighbours.



> Find different ways of staying active.



> Support is available to help you manage debt and money worries.



> Help is available if you are in personal difficulty or experiencing low income.



> Help is available if you are not OK.



Thrive LDN is a partnership between London's NHS, public services, the Mayor of London, councils, and charities to promote better mental health for everyone. We need to think and talk more about mental health and wellbeing in our neighbourhoods, our family and friendship groups and at work.

Find more Thrive LDN resources online:  
[www.thriveLDN.co.uk/resources](http://www.thriveLDN.co.uk/resources)  
 @ThriveLDN



Scan me if you have a smart phone

It's OK to treat yourself to the things that make you smile and make you feel good.

Don't be hard on yourself. Make yourself a hot drink, watch a film, read a book, or try a crossword.

You may want to limit your intake of daily news as too much coverage can be overwhelming and make you stressed.

If you are online, visit [www.good-thinking.uk](http://www.good-thinking.uk) for free, NHS approved digital tools to help manage anxiety, low mood, sleeping problems and stress.

Many of us are seeing family and friends less and not taking part in many of our usual activities.

It's important that we stay connected. Get in touch with family and friends to share your thoughts and have a chat.

If talking to a friendly stranger is easier, you can call Samaritans on 116 123 – a free helpline for you to talk any time you like, in your own way, about whatever's getting to you.

If you're online, the NHS website always has the latest information to keep you up to date at [nhs.uk/coronavirus](http://nhs.uk/coronavirus)

Being active reduces stress and helps us sleep better.

If you have access to a garden or park, then get some fresh air, go for at least a 20-minute walk or a run.

If getting out and moving around is not easy or possible for you, keep moving about indoors as often or as much as you can.

Having an exercise routine which you can do at home or locally outdoors is really important and will help give a positive influence on our self-esteem and self-worth.

If you are worried about money or need free, impartial advice, there is support available.

**Debt Free London:**  
 0800 808 5700  
 Call or WhatsApp message for assistance on a wide range of issues, including council tax, rent arrears, utility bills and benefit overpayments.

**Christians Against Poverty:**  
 0800 328 0006  
 Advice on budgeting and debt support, regardless of your faith or background.

If you find yourself in urgent financial or personal need, there is support and information available for you.

**Turn2us: 0808 802 2000**  
 Advice with accessing crisis grants, benefits, debt, housing, and legal issues

**Shelter: 0808 800 4444 (free helpline) or 0344 515 1540 (London helpline, charges may apply)** Advice after a sudden drop in income, including housing and household bills

**The Trussell Trust: 0808 208 2138**  
 Advice when facing financial difficulties, as well as helping you find your local foodbank for an emergency food parcel

Things can feel very hard at times. Support is available for whatever you are going through, there is hope and you are not alone.

These helplines are free and confidential:

**Samaritans: 116 123**  
 Whatever problems you are facing Samaritans are there to listen  
**SHOUT: Text Shout to 85258**  
 Text service for support with any mental health concern (it will not show up on your bill)

**CRUSE: 0808 808 1677**  
 Support and advice if you are grieving or dealing with bereavement and loss of a loved one

Resources and advice that can help

It's finally arrived...



CHRISTMAS JUMPER DAY 2020

CONGRATULATIONS

Brunswick Park Primary School

By popping on your pullovers for Christmas Jumper Day this year,  
you've helped make the world better in a sweater.

YOU'VE RAISED

£ 171.75

Coach Christmas

Jumper HQ,  
Save the Children

...well done, and thank you!



Save the Children Fund is a charity registered in England & Wales (213890), Scotland (SC039570) and Isle of Man (199) and a registered company limited by guarantee (Company No. 788139), registered office: 1 St. John's Lane, London, EC1M 4AR. Patron: Her Royal Highness The Princess Royal, Chief Executive: Kevin Winkles



British  
Science  
Week  
2021



BRITISH  
SCIENCE  
WEEK

**It's that time of year when British Science Week is finally here!**

British Science Week is the annual celebration of science, technology, engineering and maths (STEM) that is coordinated by the British Science Association (BSA) and funded by the Department for Business, Energy and Industrial Strategy (BEIS) and UK Research and Innovation (UKRI).

**This year, Science Day at Brunswick Park Primary School takes place on Friday 12 March 2021  
This year's theme is Innovation for the Future!**

Here at Brunswick Park each Year Group will be busy breaking barriers and 'Smashing Science Stereotypes' with different virtual workshops, STEM Based activities, meetings with STEM Ambassadors, interactive talks with Animal and Conservation lecturers and other specialists as well as lots and lots of practical learning experiences.

Your child will also be given **optional home learning** activities on Google Classroom, that you can complete with your children at home if you wish to, and then use these to create a creative and engaging **Science Day poster** which can be used to enter our whole school **Science Poster Competition**. Your child's class teacher will upload these activities on Google Classroom along with some examples of what posters could look like. **The best posters will win a special prize!**

Following the event, we will post pictures to show what the children got up to.

We're all really looking forward to it!

Miss Achilleos (Miss A) Science Subject Leader



To try to make understanding its guidance easier, the Government has introduced HANDS FACE SPACE.

At school, primary-aged children do HANDS with extra washing and sanitiser, and FACE and SPACE by being kept in consistent groups and, if age-appropriate, facing forwards in class.

Parents, carers and visitors need to do all 3:

Regular handwashing/sanitising;

Wearing a face covering over the mouth and nose everywhere on school premises;

Maintaining social distance inside the school building and on the school premises including Bantry and Picton Street.

**ONE ADULT PER FAMILY IS PERMITTED TO COME INTO THE PLAYGROUND TO DROP OFF AND COLLECT. PLEASE KEEP YOUR DISTANCE FROM OTHERS.**

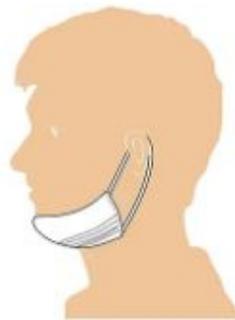
### DOs AND DON'Ts OF WEARING A MASK



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Please do not take offence if you are asked to adjust your face covering. Current guidance recommends adults use them correctly to protect others.

# Entering and leaving the school

**ALL SCHOOL ENTRANCES AND EXITS ARE ON  
BANTRY STREET**

**EYFS and Years 1 and 2: enter through the KS1 Gate  
and exit through the Nursery Gate;**

Years 3 and 4 and Resource Base: enter and exit  
through the Main Gate;

Years 5 and 6: enter and exit through the Fire Gates.

There are signs, and staff are happy to help you.

**If you miss a member of staff with hand sanitiser,  
please use the dispensers on the wall by each gate.**

**PARENTS, CARERS AND VISITORS WEAR FACE  
COVERINGS EVERYWHERE ON SCHOOL PREMISES**



## What can my child bring from home?

***As little as possible:***

**Book bag**

**PE Kit**

Years 5 and 6 only, with parent/carer permission – **mobile phone** (collected, sanitised, stored securely then returned)

Children are given water throughout the day in named, sanitised cups and at lunchtime with their meals.

# What happens at lunchtime?

In Southwark, the Council pays for all children's lunches until they leave primary school.

Because of COVID-19 restrictions and our caterer's serving policy, we need to limit numbers in the Dining Hall.

So, most children have a hot lunch and a packed lunch on alternate weeks, all provided by the School Kitchen.

This week, Years 1, 3 and 5 will eat a hot lunch in the Dining Hall, and Years 2, 4 and 6 will eat a packed lunch in their classrooms.

## **Next week it will swap over:**

Years 2, 4 and 6 will eat a hot lunch in the Dining Hall and Years 1, 3 and 5 will eat a packed lunch in their classrooms.

In the Nursery, children have a daily mid-morning snack. Reception children and Resource Based pupils have a hot lunch in the Dining Hall every day.

# What do I do if my child is ill?

## Government Guidance states:

*'If anyone in school becomes unwell with a new, continuous cough or a high temperature, or has a loss of, or change in, their normal sense of taste or smell (anosmia), they must be sent home and be advised to follow the guidance for households with possible or confirmed coronavirus (COVID-19) infection.'*

### ***This sets out that they must:***

- self-isolate for at least 10 days*
- arrange to have a test to see if they have coronavirus (COVID-19)*

**If your child becomes unwell at home with any of these symptoms, you must inform the School Office then follow the guidance:**

***self-isolate and get a test.***

**If the test results are negative and your child is well, s/he should return to school.**

**If they are positive you must inform the School Office immediately so the Local Health Protection Team can take appropriate action.**

# Term Dates 2020/2021

## Autumn Term

**HALF TERM 1:** Wednesday 2 September 2020 to Friday 23 October 2020

**INSET DAYS WEDNESDAY 2, THURSDAY 3 AND FRIDAY 4 SEPTEMBER – CHILDREN RETURN ON MONDAY 7 SEPTEMBER**

**HALF TERM BREAK:** Monday 26 October 2020 to Friday 30 October 2020

**HALF TERM 2:** Monday 2 November 2020 to Friday 18 December 2020

## Spring Term

**HALF TERM 3:** Monday 4 January 2021 to Friday 12 February 2021

**INSET DAY MONDAY 4 JANUARY – CHILDREN RETURN ON TUESDAY 5 JANUARY**

**HALF TERM BREAK:** Monday 15 February 2021 to Friday 19 February 2021

**HALF TERM 4:** Monday 22 February 2021 to Wednesday 31 March 2021

## Summer Term

**HALF TERM 5:** Monday 19 April 2021 to Friday 28 May 2021

(May Day bank holiday will be taken on 3 May)

**INSET DAY ON MONDAY 19 APRIL – CHILDREN RETURN ON TUESDAY 20 APRIL**

**HALF TERM BREAK:** Monday 31 May 2021 to Friday 4 June 2021

**HALF TERM 6:** Monday 7 June 2021 to Friday 23 July 2021

**Children finish at 2.00pm on 18 December 2020, 31 March 2021 and 23 July 2021**



## Reminders to all Parents and Carers

### Correct School Uniform:

Please ensure your child comes to school in the correct uniform. All children must wear black shoes, black or grey school trousers or skirts and socks and Hijabs should be plain white, black or grey. Grey or black shorts or purple checked summer dresses can be worn in warm weather.

### Punctuality:

Please ensure your child arrives to school on time every day; arriving late is embarrassing and missed learning time affects achievement and stops your child from reaching his or her potential.

### Parking:

Picton Street is now closed to traffic from 08:30 - 09:15 and 15:00 - 16:00. If you arrive by car please factor this in, as you will need to park elsewhere and walk into Picton Street.

## Safeguarding Information

The designated team for Safeguarding at Brunswick Park Primary is

Susannah Bellingham  
Andrea Inniss-Griffith and  
Thomas Moudiotis.

If you have any concerns about any child, please contact us.

We are committed to Safeguarding all children and members of our school community and take all concerns seriously.

For your information, key school policies are available on request from the School Office and can be downloaded from the school Website under the 'Our School' tab.

Please check the website for further details about what children have been doing and learning in school.

Missed a newsletter? All newsletters are available for download from the School Website under the 'News' tab.

<http://www.brunswickparkprimary.co.uk>

**Please look at our website [www.brunswickparkprimary.co.uk](http://www.brunswickparkprimary.co.uk) for links to useful activities and information and our updated Safeguarding Policy in light of the Coronavirus Restrictions.**

### **School attendance is now mandatory once again.**

If your child is absent from school we will continue making first day absence calls. Home Learning will only be offered to children who cannot attend school for clinical or public health reasons. If you choose not to send your child to school we will happily discuss this with you, but please be aware that non-attendance may result in further action in line with our Whole School Attendance Policy.

### **Right to Reply:**

**8/3/21: Please email the address below to give us constructive suggestions or comments, including your name and your child's class.**

**Thank you.**

**office@brunswickpark.southwark.sch.uk**