

Brunswick Park Primary School

e-Newsletter no. 46



Friday 22 March 2019

Tel: 020 7525 9033

www.brunswickparkprimary.co.uk

This month's Focus Value is *Kindness*

Dear Parents and Carers

It has been another very busy fortnight at Brunswick Park, and this Newsletter is packed with information about the children's learning and achievements. Science Day on 15 March, organised by Miss Achilleos, was a great success and really enthused the children. Our aim is for standards to be equally high across the curriculum, and focus days like this provide great stimuli for children's thinking, discussion and writing. Thank you for your patience whilst BT and Virgin mended the telephone lines into school. They are now working again; please go back to using the school's main number 020 7525 9033 as the emergency replacement line is no longer monitored.

Thank you also for ensuring your children attend school on time every day. Brunswick Park's pupil attendance is good - higher than the National Average and the average for Southwark - and there is a proven link between good school attendance and good educational outcomes. To bring Brunswick Park in line with other Southwark schools and the Local Authority's expectations regarding school attendance, the Governors have approved the introduction of Penalty Notices for unauthorised absence from 23 April 2019. Please look out for further information about these sent separately via ParentMail.

Finally, Brunswick's longest serving teacher will mark her final book at the end of this term when she retires after giving 34 years' service to the school. Miss Gaby Richards, one of the kindest and gentlest people you could have the pleasure to meet, is very well known by the whole school community and is much loved by the children and staff, who find her ability to raise morale extremely encouraging and life affirming. Please join me in thanking her and wishing her all the very best for a long and happy retirement. We will miss her. With best wishes for a peaceful and enjoyable fortnight ahead.

Susannah Bellingham, Head Teacher

Your views are important to us!



Our latest survey for parents and carers is ready for completion, and we need your input to help us plan effectively for the school's future. Staff and Governors will be available to help you complete the survey at Parents' Evenings on 1 and 2 April. If you complete it with them you will be entered into a prize draw for Amazon Vouchers:

FIRST PRIZE = £50; SECOND PRIZE = £25; THIRD PRIZE = £10

Upcoming Dates

Clocks go FORWARD: 30 March

Parents' Evenings: 1 and 2 April

Maths Morning: 29 March

Years 3 and 4 Production: 3 April

End of Term - Break up at 2pm: 5 April

Children return to school: 23 April

Don't forget!
All dates and News are
on the school's website -
address at the top of
this page.



Science Day: 15 March

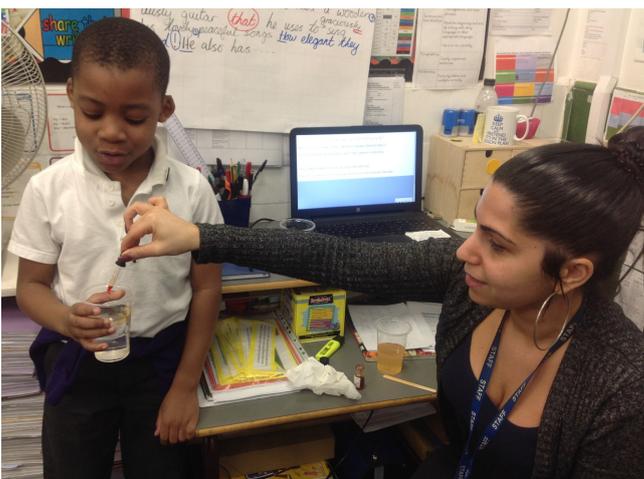
Our Science Leader, Dina Achilleos, organised a fantastic day of science for all the children at Brunswick Park on Friday 15 March.

Nursery focused on creating their own shadows by demonstrating how shadows are formed when light is blocked.

Reception spoke about and investigated what plants need to grow and planted their own kidney beans and over the next few weeks will be observing the importance of sunlight to help plant growth.

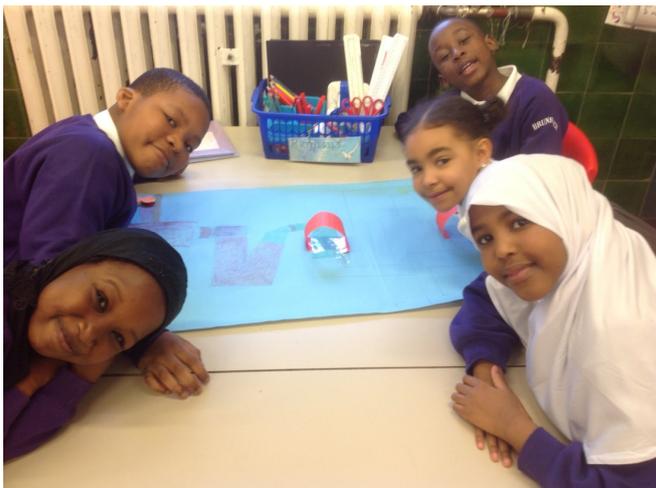
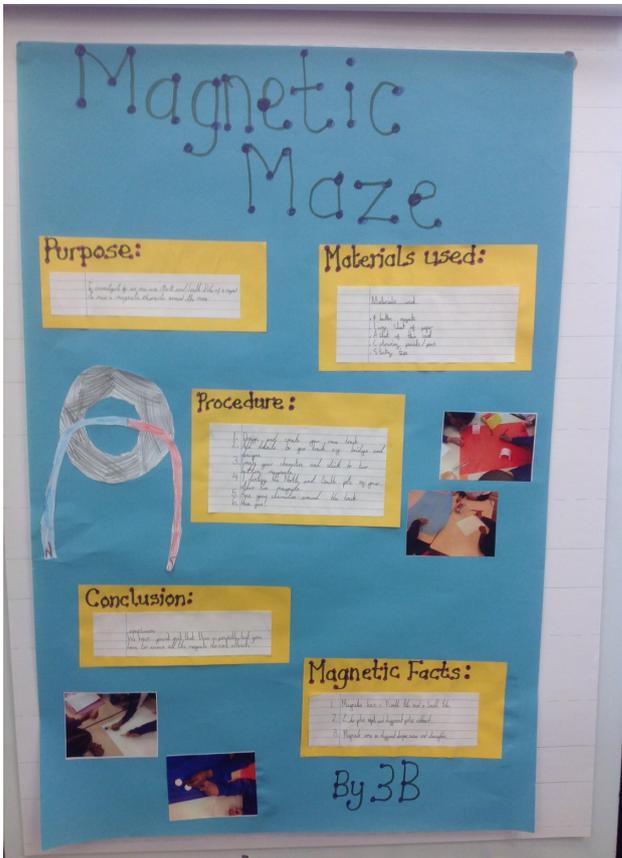
Year 1 investigated how many different parts of a plant we eat by looking at different vegetables and identifying the edible parts; for example carrots-roots, rhubarb-stem, sweetcorn-seeds, cauliflower-flowers.

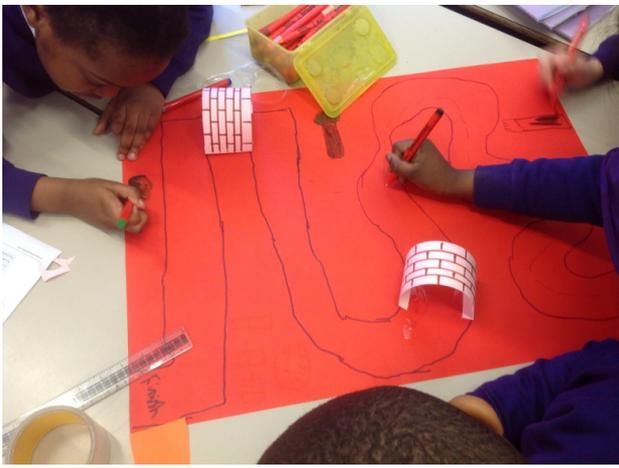
Year 2 investigated the spread of germs and infection. They chose a few people to be 'infected' and spread glitterbug lotion on their hands to represent germs. After choosing time for just 20 minutes, where they played with different equipment around the classroom, they used a UV torch to identify how far the 'germs' had spread just from a few people who had them. The children were shocked to see how many surfaces were affected from just a handful of children, and in their second activity, just how quickly germs spread between people!





Year 3 planned an investigation focusing on aspects of the human skeleton and exploring magnetism by creating their own magnet mazes to explore how like and opposite poles can move a character around a maze; they then moved onto creating a brilliant poster as a class to support their learning!





Skeleton Investigation

What do we want to find out?
Do the tallest people have the biggest head circumference?

How will we do this?
We are going to measure the head circumference of 30 people using a measuring tape.

Which ONE variable will change?
The persons head we are measuring.

Which variable will stay the same?
The method we are measuring in.

What do you predict will happen?

Our Class Predictions

14 False
16 True

Our prediction was correct

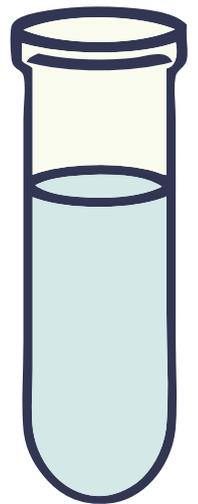
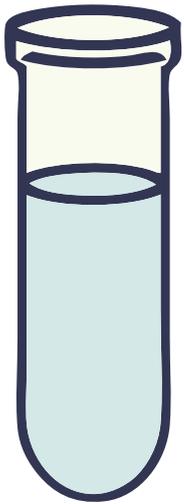
Kresha	5.1m	Molly	5.1m
Yara	5.1m	Adah	5.1m
Diver	5.1m	Adi	5.1m
eye	5.1m	Hadisa	5.1m
Adrianus	5.1m	Samuel	5.1m
Marwan	5.1m	Samuel	5.1m
Angela	5.1m	Phan	5.1m
Lucas	5.1m	Samuel	5.1m
Kaden	5.1m	Phan	5.1m
Ahna	5.1m	Adia	5.1m
Alex	5.1m	Adia	5.1m
Alex	5.1m	Arath	5.1m
Ming	5.1m	Adia	5.1m
Ben Talen	5.1m	Adia	5.1m
Ben Phany	5.1m	Adia	5.1m
Ad	5.1m	Adia	5.1m
Maria	5.1m	Adia	5.1m

Year 4 undertook a variety of scientific experiments including investigating how sound travels and testing the effects of sound vibrations using speakers and carefully observing how jelly/popcorn/icing sugar vibrated due to the sound made by speakers at different volumes. Year 4 also explored the effects of acid on calcium based mineral chalk and learned about how fluoride toothpaste can protect the teeth against an acid attack.

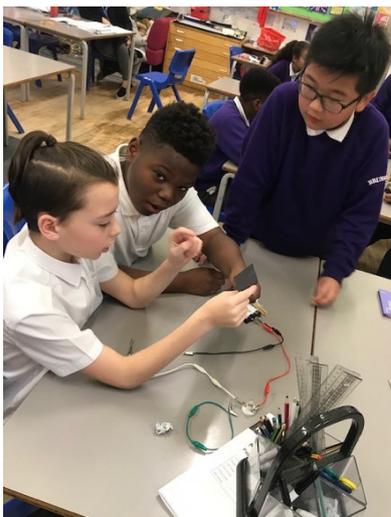
Year 5 studied the different stages of the Moon and studied why the Moon appears to change shape, by creating their own simulation of how the Moon travels around the Earth using a large white ball, a swivel chair and a strong torch light.

They also made parachutes and tested them by releasing them in the stairwell.

They considered all the variables and decided what they wanted to test. They found that the amount of weight the parachute carries and the length of the string on the parachute affect how fast it falls.



Year 6 focused on electrical circuits and learning about what was necessary to create their own switch, which led to them working as a team and through trial and error, succeeding brilliantly in creating a trip switch that would alert them to someone coming by turning on a light bulb.



**On 21 March Year 5 pupils shared their learning in an assembly.
Thanks to all parents and carers who came along to support
them.**

Year 5 Assembly

Well done Year 5!

What a fantastic assembly.



Poetry, affirmations, unhappy endings and even admiring themselves in mirrors. The singing at the end was the icing on the cake.

It is clear Year 5 has been working very hard this term

Keep up the good work!



Children from Year 2 took part in a Multi Sports event at Southbank University last week.

They had great fun trying out new activities and challenges including relay races, balloon juggling and lots more:





Year 3 returned on Friday 22 March from Gorsefield Rural Studies Centre in Essex after two nights away, learning to ride bicycles and do campfire craft, den building and pond dipping. They visited Mountfitchet Castle and had a night walk and a bonfire. They had free time to play in the tree house, sandpit and on the football pitch and they all slept well!

Trips like this build children's confidence and independence, and help them develop the resilience they need to cope well with challenge. At Brunswick there are 2 opportunities to go on a residential School Journey: Gorsefield in Year 3 and Swanage in Year 6.

Despite a low key approach to Comic Relief, the community of Brunswick Park still managed to raise £63 for the charity by collecting at the gates.

Thank you as always for your generosity and kindness.



Aspiration Session at M&G Prudential on 15 March 2019

We plan for the future at Brunswick Park, and our children deserve to aim high in their career ambitions.

Marjorie Damah, our School Home Support Worker, took a group of children with their parents to M&G Prudential.



"The children of Brunswick Park Primary School were incredibly polite, well behaved and enthusiastic. They asked brilliant questions to all staff they were introduced to and took great care in showing good manners and fantastic listening skills. They all conducted themselves incredibly well both inside the meeting room and when they toured around the building. They met with the HR director who also commented on their excellent behaviour and enthusiastic approach to learning about the roles and the wider function of M&G Prudential. The children were incredibly engaging and it was such a pleasure to watch all their bright personalities shine throughout the session. They are all a credit to themselves, their parents and the school. We would like to say a massive thank-you to Lydia, Kit and Marjorie who also were a real help in ensuring they were engaged and enjoying the session and we couldn't have done it without their assistance. Sessions like those make our jobs worthwhile."

MAKE YOUR HOME A FIZZ FREE ZONE

Forget fizzy drinks this February



SAVE MONEY

LOSE WEIGHT

KEEP YOUR TEETH

Est. in
-2018-
by Southwark
Council

Make your pledge
to #gofizzfree
Find out more at
[southwark.gov.uk/
gofizzfree](http://southwark.gov.uk/gofizzfree)

@lb_southwark facebook.com/southwarkcouncil @southwarkcouncil



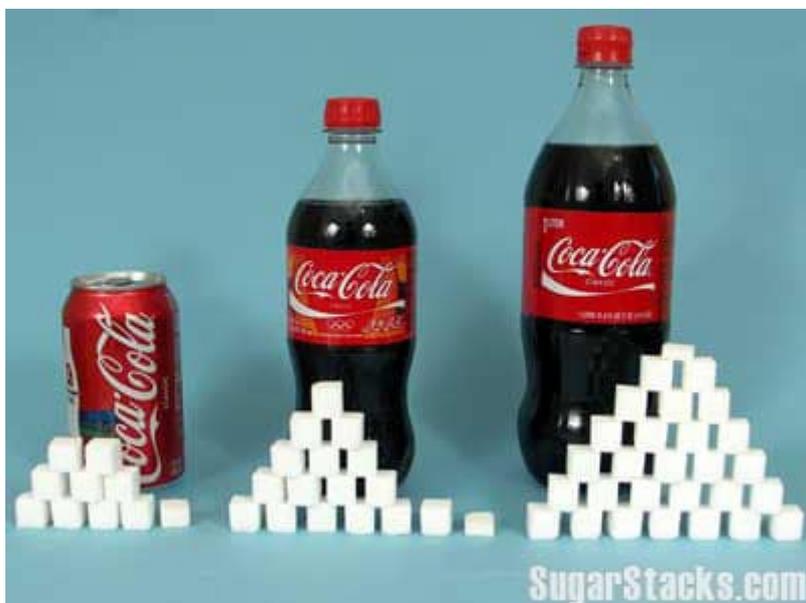
CONGRATULATIONS TO EVERYONE WHO WENT FIZZ FREE!

So far, certificates have been awarded to the following FFF Champions:

- Amira
- Dima
- Okubotin
- Akpewe
- Yaren
- Muqty
- Tommy
- Efe
- Musab
- Hamza
- Kamar
- Eve
- Harmony
- Lashe
- Oliver
- Sienna
- Asia
- Wen
- Michelle
- Nicole
- Mitch
- Duniya
- Daniela
- Arahfat
- Farida
- Saffwan
- Ronell
- Omar
- Jenrola
- Haiky
- Shammah
- Abdul
- Teslim
- Rashid
- Adama
- Isoken
- Lanre



This is the amount of sugar in Coke....

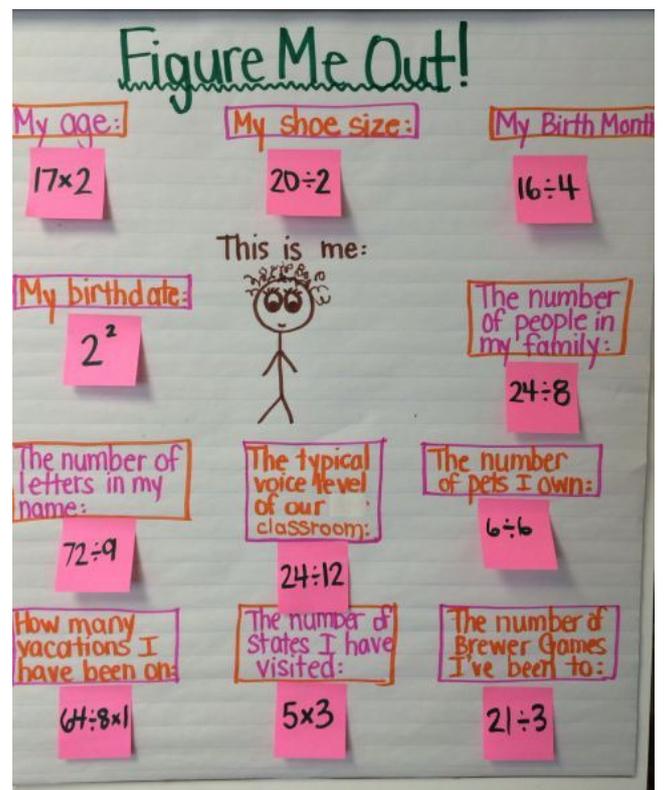
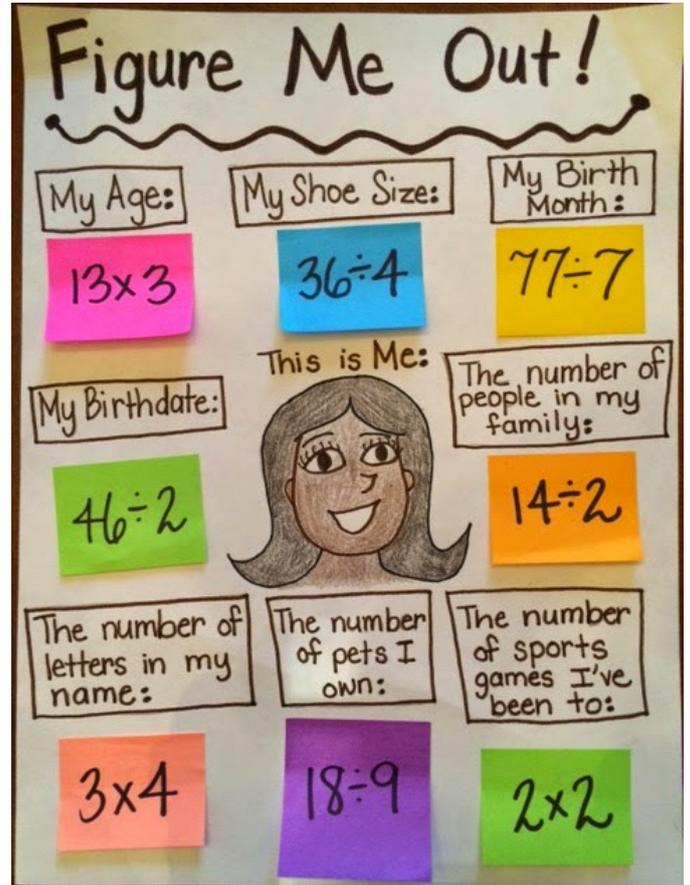
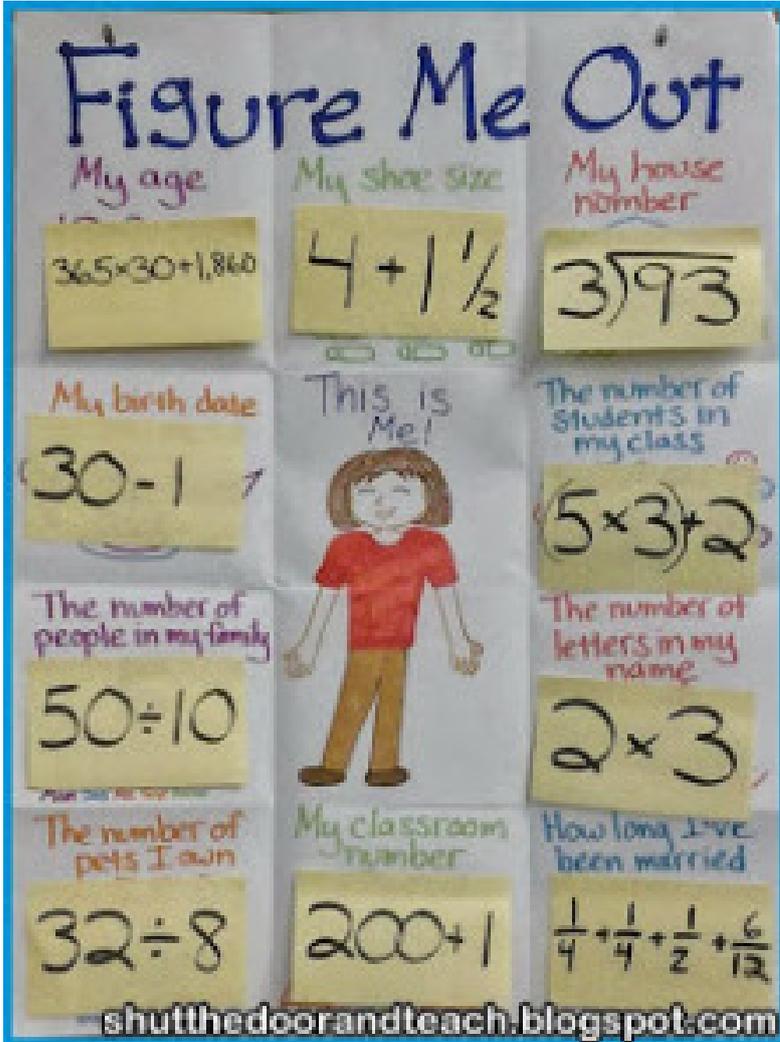


Spring Holiday Maths Challenge Y2-Y6

The Maths Challenge for the Spring Holiday for pupils from Year 2 to Year 6 is to design a 'Figure Me Out' poster based on information about you. Instead of giving away the answers, can you think of a challenging number sentence for people to solve?

How creative will you be? How tricky can you make your clues?

Here are some examples:



This challenge should be tailored to your child's age and stage of development. The Challenge is not suitable for children in Nursery, Reception or Year 1, as they are not given maths work to do at home; their homework is daily reading. Our Maths Leaders Edel Fallon and Gwen Adebiyi and the children's teachers will model each Year Group's approach from Year 2-6 so the children know what to do.

What are we learning?

At Brunswick Park we follow the Literary Curriculum, where high-quality texts are linked to Science and Humanities topics.

Please see the website for more information about the other subjects.

Nursery	We are reading Traditional Tales including Jack and the Beanstalk, Goldilocks, The Little Red Hen and the Billy Goats Gruff.
Reception	We are reading <i>Jack and the Beanstalk</i> and <i>I Will Not Ever Never Eat a Tomato</i> by Lauren Child and learning about fruit and vegetables.

	English text	Science	Humanities
Year 1	<i>Dinosaurs and All That Rubbish</i> by Michael Foreman	Plants- Looking at parts of a plant, how trees change throughout the seasons and what plants are used for.	Weather – Hot and Cold climates
Year 2	<i>Tadpole's Promise</i> by Jeanne Willis and Tony Ross	Animals Including Humans – Healthy eating, exercise, and good hygiene.	Seas and Rivers – How rivers are formed, uses of rivers and seas and learning about the River Thames.
Year 3	<i>Black Dog</i> by Levi Pinfold <i>Sparky</i> by Jenny Offil	Animals Including Humans – Life cycles, nutrition and the human skeleton.	The Tea Trade – finding out about how tea is produced, where it comes from and the history of tea.
Year 4	<i>Odd and the Frost Giants</i> by Neil Gaiman	Animals Including Humans- the digestive system, teeth and food chains.	History: The Vikings – Anglo-Saxons Settlements – What happened when the Vikings invaded Britain, how they lived and what they believed in.
Year 5	<i>The Sleeper and the Spindle</i> by Neil Gaiman and Chris Riddell	Properties of Materials – States of matter and reversible and irreversible changes to solids, liquids and gases.	Monarchs – the impact of significant monarchs on Britain.
Year 6	<i>The Three Little Pigs Project</i> by The Guardian <i>The Highwayman</i> by Alfred Noyes	Electricity – Circuits, conductors and insulators	Battles and Brawls – WW1 and WW2.

Above are current texts and topics that the children are learning. There are more details on the Curriculum Section of the school's website.

Trips and visits are planned at school to support these topics.

Please use this information at your local library or use it to plan trips, visits and activities of your own.

Enraged	Furious	Frustrated	Shocked	M	Surprised	Upbeat	Motivated	Ecstatic
Livid	Frightened	Nervous	Restless	O	Hyper	Cheerful	Inspired	Elated
Fuming	Apprehensive	Worried	Annoyed	O	Energized	Lively	Optimistic	Thrilled
Repulsed	Troubled	Uneasy	Peeved	D	Pleasant	Joyful	Proud	Blissful
M	O	O	D	M	E	T	E	R
Disgusted	Disappointed	Glum	Ashamed	E	Blessed	At Ease	Content	Fulfilled
Mortified	Alienated	Mopey	Apathetic	T	Humble	Secure	Chill	Grateful
Embarrassed	Excluded	Timid	Drained	E	Calm	Satisfied	Relaxed	Carefree
Alone	Down	Bored	Tired	R	Relieved	Restful	Tranquil	Serene

Improving Children's Emotional Health and Wellbeing

Children learn best when they feel safe and happy.

To develop the ability to describe how they feel and to learn to regulate their emotions, children need to learn and practise the vocabulary that describes their feelings in detail.

If they are able to describe and articulate their feelings and put them on a scale, they are much better able to manage their emotions and wellbeing. At Brunswick Mrs Fallon is leading an initiative to teach our children in their

PSHCE and Wellbeing lessons the vocabulary they need and how to describe their feelings and emotions, using a Moodmeter. Research shows that the ability to use a Moodmeter improves behaviour, self-confidence and resilience. We will keep you updated about the initiative's impact on the children.

Spring Holiday Activities

BOOK TODAY BEFORE IS TOO LATE



Dear Parents,

A few more places are now available for the multi-sports programme at Easter

From Monday 8th to Friday 12th April, from 10 am to 3 pm.

To book please click [here](#)

<https://www.burgesssports.org/sport-camps/>



Easter Holiday Activities

The Centre for Wildlife Gardening

28 Marsden Road, East Dulwich London SE15 4EE

Celebrate the spring by coming to a free fun-filled **two days** in our lovely garden. Free courses for **parents and children** of any age run by the **London Wildlife Trust**. **Southwark residents only**.

Places are limited so booking is essential. Contact Diana by email: dwallace@wildlondon.org.uk or by phone: 07740 717930 Mon/Tues

Monday 8th and Tuesday 9th April

11am till 4pm

Beautiful Birds and Extraordinary Eggs

Have fun identifying the birds around you, making your own nest and birds, using our binoculars, helping wild birds and decorating eggs. Games, activities and crafts.



Thursday 11th and Friday 12th April

11am till 4pm

Minibeast Magic

Help us to find all things creeping and crawling in the garden using different techniques then have fun learning about them through games and activities. Bush beating, worm charming, pond dipping and mini Olympics. Crafts, stories and games.



Visit London Wildlife Trust online:

www.wildlondon.org.uk

www.facebook.com/londonwildlifetrust

www.twitter.com/wildlondon

Protecting London's wildlife for the future

Registered Charity Number: 283895



Warning: the Local Authority has asked us to make you aware of this dangerous food that makes consumers ill



**London Trading Standards has advised the following:-
Fake snack bars called 'Astrosnacks' are being sold to children.
They cause people to be violently sick and have severe hallucinations. The Met Police has been warning schools and parents to be alert. The bars are being sold around Islington, Highgate and Archway but may move into other parts of London.**

Publish date: 23/05/18
Edit date: 06/03/19



AGE RESTRICTION
13+

Instagram is a hugely popular social networking app with over 1 billion snap happy users worldwide. The app, which is accessible on iOS and Android devices, allows users to upload images and videos to their feed, like an online gallery. Images and videos can be transformed with an array of filters to edit the shot before sharing. Anyone with an account can see others' online 'galleries' if their account is not private. To make posts easier to find, users can include searchable hashtags and captions to their uploads. The app has additional features like an 'Explore Page,' which contains videos and images tailored to each user based on accounts and hashtags they follow.

What parents need to know about INSTAGRAM

HOOKED ON SCROLLING

Instagram revealed that young users spent a minimum of 32 minutes on the app per day. Many social media platforms, Instagram included, have been designed in a way to keep us engaged on them for as long as possible. Behavioral economist Nir Eyal calls this the 'Hook Model' and the Instagram feed is a great example of this. Children and adults may find themselves scrolling to try and get a 'dopamine release'. Scrolling may become addictive and it can be difficult to stop scrolling until they find that 'something' they are looking for. Children may quickly lose track of time as they get deeper into their Instagram feed.

SLIDING INTO DM'S

Direct messages (or DM's) on Instagram allow users to share posts, images, videos, voice messages and calls between each other privately (or in a private group). Even if your child's account is set to private, anybody has the option to message them and send them content. If the person is not on your child's friends list, the message will still be sent to their inbox but the user has to accept their request to see the message.

INFLUENCER CULTURE

Influencers are sometimes paid thousands of pounds to promote a product, service, app and much more on social media. When celebrities or influencers post such an advert, they should add a disclaimer somewhere in the post which states that they have been paid for it. Commonly, this is well-hidden in the hashtag or in the comments of their post, making it unclear that their photo/video is actually an advert. This can be very misleading to young people who may be influenced into buying/wearing something promoted by somebody they admire. Dr Daniela Wagstaff, a psychology professor from Federation University Australia, said that social media and influencer culture can sometimes lead us to "derive a false sense of what everyone else is doing" and that this "can definitely have a negative effect on our mental health and wellbeing."

DAMAGE TO CONFIDENCE, BODY IMAGE & MENTAL HEALTH

In a recent report by the RSPH, Instagram was ranked the worst for young people's mental health. Using filters on photos on Instagram can set unrealistic expectations and create feelings of inadequacy. Children may strive for more 'likes' by using realistically edited photos. Judging themselves against other users on the app might threaten their confidence or self-worth. In early 2019, Instagram boss Adam Mosseri promised to ban images of self-harm, following the suicide of 14-year-old Molly Russell, who had reportedly been looking at such material on the platform.

LIVE STREAMING TO STRANGERS

Live streaming on Instagram allows users to connect with friends and followers in real-time and comment on videos during broadcast, but this feature can be turned off. If your child's account is private, only their approved followers can see their story. It's important to note they may have accepted a friend request from someone they don't know, which means they could be live streaming to strangers. Children also risk sharing content they later regret, which could be re-shared online for years to come. Public accounts allow anybody to view, so we suggest your child blocks followers they don't know. In February 2019, the NSPCC demanded a crackdown on Instagram's 'titled self-regulator' after it was revealed grooming and abuse via the app had more than tripled. 5,000 cases of sexual communication with children, some as young as 5, took place in 18 months.

IN-APP PAYMENTS - Instagram allows payments for products directly through the app. It operates under the same rules as Facebook Payments, which state that if you are under the age of 18, you can only use this feature with the involvement of a parent or guardian.

EXPOSING LOCATION

Public locations can be added to a user's photos/videos and also to their stories. While this may seem like a good idea at the time, it can expose the location of your child. This is particularly more of a risk if it is on their story, as it is real time. Posting photos and videos is Instagram's biggest selling point, but with sharing images comes risks. A photo which includes landmarks in the area, their school uniform, street name, house and even tagging in the location of the photo uploaded to Instagram can expose the child's location, making it easy to locate them. If their account is not set to private, anyone can access their account and see their location.

HJACKED HASHTAGS

Like Twitter, hashtags are also an extremely prominent tool in Instagram and with that comes danger for your child. One person may use a seemingly innocent hashtag with one particular thing in mind, and before you know it hundreds of people could be using the same hashtag for something inappropriate or dangerous that your child certainly shouldn't be exposed to.

IGTV

Instagram TV (IGTV) works similarly to YouTube. Users can watch videos from favourite accounts on the platform, or create their own channel and post their own videos. It's important to note anyone can create an Instagram TV channel and doesn't have to be friends with a person to follow an account and watch their videos. In 2018 Instagram apologised and removed some of its TV content which featured sexually suggestive imagery of children. As the feature may encourage spending more time using the app, it's important to set time limits to avoid children's sleep or education being disturbed.

Top Tips for Parents

RESTRICT DIRECT MESSAGES

If your child receives a message from somebody they do not know, encourage them not to accept their message request and 'block' this person; this is the only way to stop them messaging your child again.

LOOK OUT FOR #ADS

In January 2019, the UK's Competition and Markets Authority launched an investigation into celebrities who were posting adverts on social media and not declaring that they were paid for. Influencers must clearly state that they have been paid for their posts, for example using a hashtag like #ad or #sponsored. Teach your child to look out for the signs of a paid post/advert and discuss with them that not everything they see from celebrities is their personal choice and opinion.

REMOVE PAYMENT METHODS

If you are happy for your child to have a card associated with their Instagram account, we suggest adding a PIN which needs to be entered before making a payment; this will also help prevent unauthorised purchases. This can be added in the payment settings tab.

SCROLLING

Instagram added a 'You've completely caught up' message in late 2018. This message breaks up the feed and notifies you when you are up to date and there are no more new posts from followers. This feature is enabled automatically, but have the conversation with your child about how much time they are spending on the app and set healthy time limits.

PROTECT THEIR PERSONAL INFORMATION

Your child may unknowingly give away personal information on their profile or in their live streams. Talk to them about what their personal information is and make sure that they do not disclose anything to anyone during a livestream, comment, direct message or any other tool for communication on the platform, even to their friends.

USE A PRIVATE ACCOUNT

By default, any image or video your child uploads to Instagram is visible to anyone. A private account means that you have to approve a request if somebody wants to follow you and only people you approve will see your posts and videos.

FILTER INAPPROPRIATE COMMENTS

Instagram has an 'anti-bullying' filter, which hides comments relating to a person's appearance or character, as well as threats to a person's wellbeing or health. The filter will also alert Instagram to repeated problems so they can take action against the user if necessary. This is an automatic filter, but it can be turned off. Make sure it is turned on in the app's settings.

TURN OFF SHARING

Even though this feature will not stop people from taking screenshots, it will stop others being able to directly share photos and videos from a story as a message to another user. This feature can be turned off in the settings. We also recommend turning off the feature which automatically shares photos and videos from a story to a Facebook account.

DON'T FORGET TO BE VIGILANT & TALK TO YOUR CHILD ABOUT THEIR ONLINE ACTIVITIES!

@MENTION

Reminders to all Parents and Carers

Correct School Uniform:

Please ensure your child comes to school in the correct uniform. All children must wear black shoes, black or grey school trousers or skirts and socks and Hijabs should be plain white, black or grey. Grey or black shorts or purple checked summer dresses can be worn in warm weather.

Punctuality:

Please ensure your child arrives to school on time every day; arriving late is embarrassing and missed learning time affects achievement and stops your child from reaching his or her potential.

Parking:

Please observe the warning signs and flashing lights, and park carefully when dropping off and collecting your children. Parking carelessly puts children at risk. Wardens patrol for the children's safety and welfare.

Safeguarding Information

The designated team for Safeguarding at Brunswick Park

Primary is

Susannah Bellingham

Fiona O'Malley and

Andrea Inniss-Griffith.

If you have any concerns about any child, please contact us.

We are committed to

Safeguarding all children and members of our school community and take all concerns seriously.

For your information, key school policies are available on request from the School Office and can be downloaded from the school Website under the 'Our School' tab.

Please check the website for further details about what children have been doing and learning in school.

Missed a newsletter? All newsletters are available for download from the School Website under the 'News' tab.

<http://www.brunswickparkprimary.co.uk>

Attendance Update

Congratulations to Classes Year 6B and 4A for 99% attendance last fortnight.

80 children have 100% attendance from 5.9.18 to the present.

Well done!

Whole School Attendance for W/B 11.03.19: 95.1%

Whole School Attendance for W/B 18.03.18: 95.5%

Whole School Attendance Target = 97%

Right to Reply:

22/03/19: Please email the address below to give us constructive suggestions or comments, including your name and your child's class.

Thank you.

office@brunswickpark.southwark.sch.uk