

Brunswick Park Primary School

e-Newsletter no. 44



Friday 15 February 2019

Tel: 020 7525 9033

www.brunswickparkprimary.co.uk

This month's Focus Value is *Loyalty*

Dear Parents and Carers

Next week is Half Term, a well-deserved rest for the children who have been working so hard and the staff who have been doing the same. This letter is packed with information: Marjorie Damah, our Home School Support Worker, has put in details of Half Term activities for families run by Southwark Adult Learning Service and ParentSkillsToGo, and there is additional information for parents and Carers about Online Safety following our Safer Internet Day. I have also included information about age ratings for films and games; useful during holidays when children have more time on their hands to spend online and watching TV. Year 6 pupils were given advice during their recent Junior Citizenship work about how to stay safe around dogs, which is also shared with you in this letter.

For our parents and carers of children with Autism, there are details of an event to support you at home, hosted at Redriff Primary School, which like Brunswick, is Resource Based for pupils with ASC. Brunswick works in partnership with Redriff to share good practice and expertise, and their events for parents and carers are recommended.

Southwark Council has asked that we inform parents and carers of changes it has made to its support for families needing help with school admissions, and as Fizz Free February progresses, I have included a reminder about the benefits of avoiding fizzy drinks to our teeth and weight.

Following feedback about our Letterjoin font being tricky to read on screen, the What We Are Learning page has been printed more clearly. Please use the information to support your child's learning at home and to guide visits to museums or attractions you may be planning over the Half Term Break.

Please note below the date change for parents evenings; they are held on 1 and 2 **APRIL**, not March as previously advertised.

Finally, on behalf of all the staff and children I want to thank you for your support this week of the FoBS' Valentine's Day Cake Sale, of the Bedtime Story Day and of the Scholastic Book Fair, and on your behalf I want to thank our Reading Leader Christina Huszar for her work to promote reading and everyone who helped to make this fortnight's activities such great successes. You are all appreciated and valued!

With best wishes for an enjoyable Half Term.

Susannah Bellingham

Head Teacher

Upcoming Dates

Fizz Free February: 1-28 February

Half Term: 18-22 February

Year 6 Booster Classes start W/B 25 February

Year 2 Sharing Assembly: 13 March

Year 3 Gorsefield Residential: 20-22 March

Parents' Evenings: 1 and 2 April

End of Term - Break up at 2pm: 5 April

Don't forget!
All dates and News are
on the school's website -
address at the top of
this page.





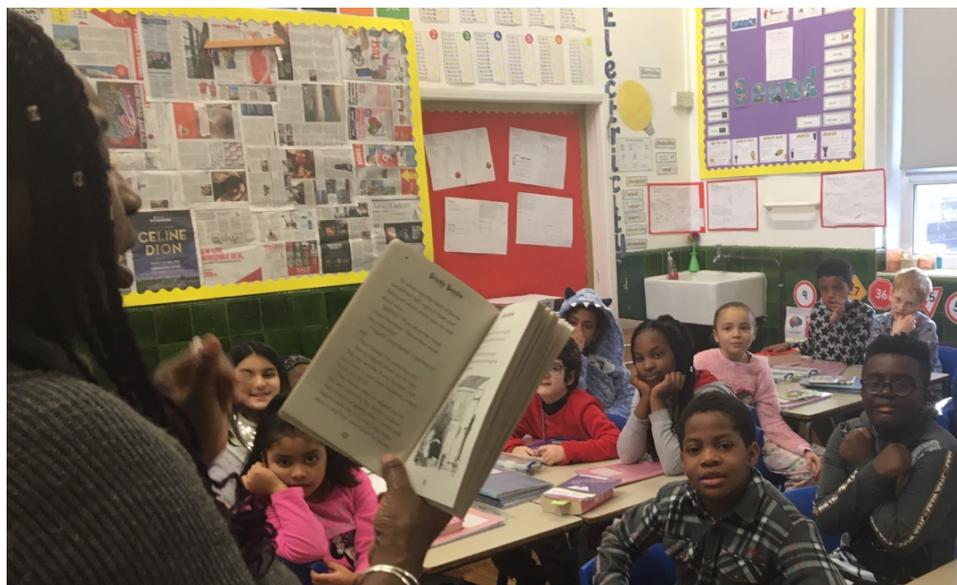
The Scholastic Book Fair has been and gone and what a fantastic display of your enthusiasm for reading it was! Children perused the wide range of books on offer and, using the 'W.H.I.C.H book?' strategy, were able to carefully choose books that they couldn't wait to start reading.

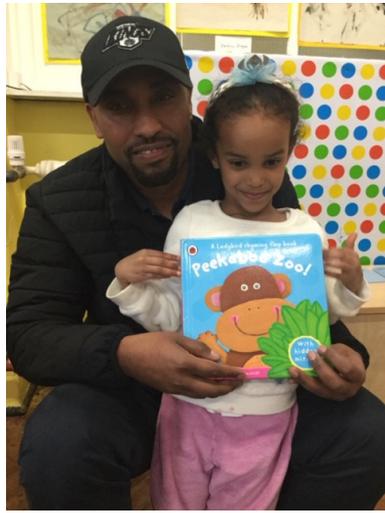


A big thank you to the staff at Brunswick who helped the pop-up shop run smoothly each day. An even bigger thank you has to go to you, the pupils and parents and carers of Brunswick, who showed through their enjoyment (and their purses), just how committed we all are to nurturing a love of reading in our school community.

It was the most successful book fair EVER held at the school with a whopping £1100 being spent by you. As a thank you for your purchases, Scholastic Book Fairs have rewarded the school with 60% of the money to spend on new books which will be added to the Book Corners in your children's classrooms.

Bedtime Story Day was a big hit with children and teachers alike donning their best PJs and settling in for their three bedtime stories throughout the day. Pupils from year 6 loved sharing stories with the youngsters in Early Years and Year 1 and were impressed by their ability to talk about the books and their characters.





PYJAMAS
all day



**Parents, Carers
and Staff of
children in
Years R and 1
reading bedtime
stories on
Wednesday 13
February**





PYJAMAS
all day



Year 6 pupils reading bedtime stories to our Nursery children

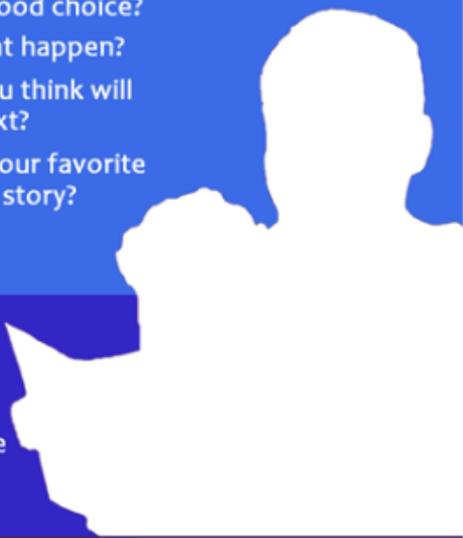


The day concluded with parents joining children in class for reading fun. Everyone was left with a really clear understanding of why bedtime stories and book sharing for as little as 10 minutes a day can be beneficial:

- 1) A child who reads with, or is read to by an adult, is exposed to approximately a million new words over the course of a year!
- 2) Reading before bed can help to settle young minds and has been shown to improve sleep which will lead to better concentration the following day.
- 3) Daily reading is a way to actively engage in your child's education because reading underpins every skill in all lessons.

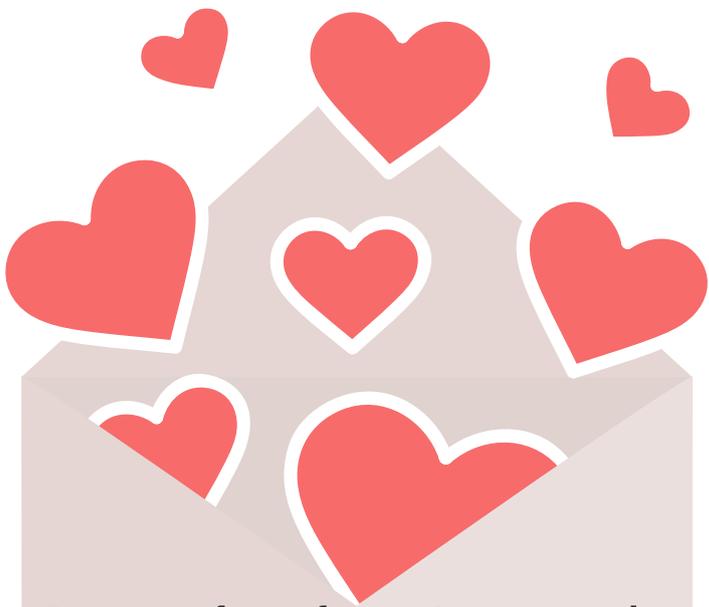
Ways a Parent Can Help a Child **LEARN TO READ**

- 1** Let your child see you reading!
Have magazines and books in your home.
- 2** Look for appropriate word and reading games online to play with your child
- 3** Ask your child to draw a picture or write about what happens in a story.
Keep paper, notebooks, pencils, pens, markers and crayons available in your house.
- 4** When you're reading a magazine or newsletter, ask your child to look on the pages for pictures that start with a certain sound.
Do you see a picture of a thing that starts with "p"?
- 5** Set aside a time and place for reading -
like a comfy chair with a reading light for bedtime stories
- 6** Visit your public library regularly.
Find and read together the books that were your favorites when you were a kid.
- 7** Enjoy reading with your child.
Laugh at silly pictures. Make goofy voices. Have fun!
- 8** Ask your child questions about the story as you read together:
 - What is the story about?
 - Why do you think he/she made that choice? Was it a good choice?
 - Why did that happen?
 - What do you think will happen next?
 - What was your favorite part of the story? Why?
- 9** Make a game out of finding words that rhyme or that start with the same sound
- 10** After you finish reading a story, look back at a page and ask your child to find common words.
"Can you find the word ___?"
Use words like: the, me, up, and, go, run, can, to, stop
- 11** Teach your child to recognize his or her own name



Read out loud to your child -

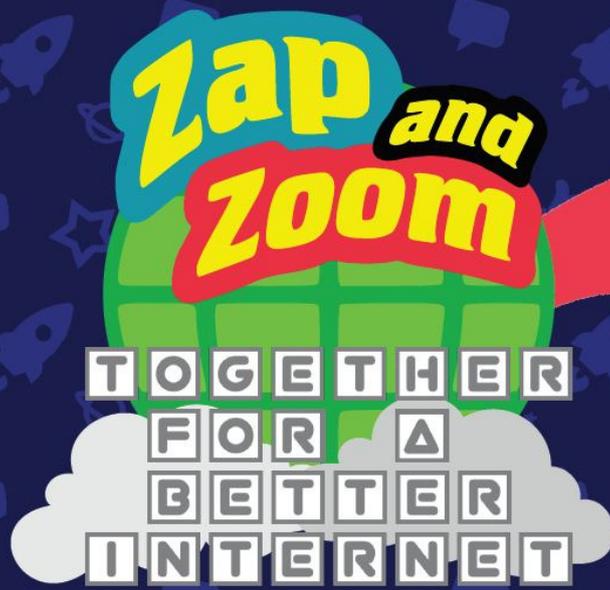
books, poems, nursery rhymes, recipes, billboards, newspaper articles, ads, signs - whatever words you see!



Because of your fantastic support, the FoBS held a very successful Valentine's Day Cake Sale! (They are still counting the money....) Many thanks to all those who baked, decorated, crafted, helped out, bought and ate.



Safer Internet Day 2019



Our internet, our choice - Understanding consent in a digital world



5 February 2019



www.saferinternetday.org.uk



Co-financed by the Connecting Europe Facility of the European Union

Following Safer Internet Day the school website's Online Safety pages have been updated, and now include a CEOP Button for direct reporting.

Please visit www.brunswickparkprimary.co.uk for further information.

What parents need to know about AGE RATINGS



If you have children, it is understandable to have concerns about the films and TV shows they watch, as well as the games they play. In this guide, we take a look at the two official ways you can assess if a particular title is suitable for your child. Both the BBFC and PEGI have search facilities on their websites that can be used to look up individual titles so you can check their ratings.



RATINGS FOR FILMS, TV & MUSIC VIDEOS

Since 1912, the BBFC (British Board of Film Classification) has informed UK residents of the age suitability of films, TV and music videos - providing parents with the information needed to assess whether or not it is appropriate for their child's age. This applies to cinema releases, DVDs and streaming video services such as Netflix.

WHAT ARE THE BBFC RATINGS?

BBFC ratings are broken down into seven age categories:

 Universal, suitable for all ages	 Parental Guidance required	 Suitable for people aged 12 and over	 Suitable for people aged 12 and over; anyone younger must be accompanied by an adult
 Suitable for people aged 15 and over	 Suitable for people aged 18 and over	 Adult content only available in specially licenced cinemas and specialist retailers	

WHAT ELSE CAN BBFC REVEAL?

Accompanied with the age suitability rating, BBFC also provide an additional warning regarding the content and what to expect, such as swearing, sexual content, violence and anything you may consider to be inappropriate for your child. In addition to this, the content is also rated in three levels: frequent, mild or strong.

LIMITATIONS OF BBFC RATINGS

It's important to note that there is no obligation on streaming video services to use or display BBFC ratings. Due to this, we advise that you check the rating online before your child streams the content. It may also be a good idea to watch the content first yourself or discuss it with other parents to help you decide whether or not it is suitable for your child.

Source: www.bbc.co.uk

RATINGS FOR GAMES

PEGI (Pan European Game Information) is a content rating system that ensures all video games are labelled with a minimum age recommendation. These age recommendations are based on the types of content featured within a game. With each game, PEGI also provide a content descriptor that indicates the potential issues and concerns, including sex, violence, bad language and drugs.

WHAT ARE THE PEGI RATINGS?

PEGI ratings are split into age restriction and content descriptors. Additional 'content descriptors' help parents and children to understand the type of content featured within a particular game, including sex, fear, bad language, discrimination, gambling, drugs, violence, and in-game purchases. In combination, the two different ratings can provide a good level of information to help make informed decisions regarding the suitability for your child.

PEGI age ratings are broken down into five categories:

 www.pegi.info	 www.pegi.info	 www.pegi.info	 www.pegi.info	 www.pegi.info
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PEGI content descriptors are broken down into eight categories:



LIMITATIONS OF PEGI RATINGS

It's possible for young people to buy games online without a required proof of age, opening them up to age-inappropriate content without you knowing. We advise that you regularly monitor your child's gaming activities and maintain a honest and healthy dialogue with them about the online world.

PARENTAL CONTROLS

It is a good idea to put in place parental controls for all online accounts which your child may use to purchase or download online games e.g. The App Store, Google Play Store, PlayStation Store and Microsoft Xbox Store etc.

Source: www.pegi.info



National Online Safety
A whole school community approach to online safety
www.nationalonlinesafety.com
Email us at hello@nationalonlinesafety.com or call us on 0800 368 6067



Be safe with dogs

Pets change lives
We change theirs

There are lots of good things about having a dog: they are great friends, they keep you fit and you can learn a lot about caring and being responsible when helping to look after them. Dogs can feel a lot of the things that you can, such as happiness, anger and fear, so it's important that you understand how to behave around dogs at home and outside, so you can enjoy being with them and stay safe.

To stay safe you should not approach when the dog



has a toy



is sick or injured



is sleeping



is eating



is in bed or under a table



is trying to move away



has puppies

Rules around dogs

- Ask the owner before approaching a dog
- Never touch a dog that is left alone
- Don't enter a garden if a dog is loose
- Never run or shout around a dog
- Do not hug a dog. How would you feel if a stranger hugged you?
- Do not play chase games with a dog
- Never sneak up and surprise a dog
- Never hit or hurt a dog
- When you meet a new dog or one you don't know well, always let the dog sniff your hand first as that is the polite doggy way to say hello

Top reasons dogs bite

- Protecting themselves or their property
- Pain
- Trapped
- Surprised by your actions
- Excitement

If a strange dog runs up to you

- Stand still
- Make no noise
- Drop food or toys away from you
- Fold your arms
- Look away from the dog
- Move away slowly
- Never run

If you are knocked to the ground

- Roll up into a ball with your face to the ground
- Make no sound
- Cover your face with your hands



Of the people who get bitten

70%
of bites
happen in
the home

80%
are bitten by
dogs that they
regularly meet





Dog body language - read the signs

BLUE FOR
PETS
CROSS

Pets change lives
We change theirs



Go away



I am afraid. I'm covering away from you and may hide under furniture. See how my ears are flat back. I may show my teeth, snarl or growl.



I am bold and am standing my ground. Look at how the hair on my back is raised and how tense my body is.



I don't want my tummy tickled. I am really scared. I moved away from you and rolled on my back, and my tail is tucked between my legs. I am so scared that if you come to tickle me, I might think you are going to hurt me and I might bite.



I'm not sure about you yet



I'm moving slowly and lowering my head. My paw is raised and I may lick my lips to show I am a little unsure.



I am moving away from you with my head lower than my shoulders. I have tucked my tail away and may glance over my shoulder and show the white of my eye.



My head is lowered and my tail is tucked away. I am looking at you sideways and may yawn to show I am not sure about you.



Happy to meet you



My body is relaxed. Look how my ears are forward or relaxed and my tongue is hanging. I am wagging my tail and my body.



I am down in a play bow - I want you to play with me! My front legs are straight forward and my back end is raised. My tail is high and wagging. I may bark to get your attention.



My tail is wagging. You can tell from my face that I'm interested and alert - look how relaxed my jaw is and my tongue is hanging down.

Blue Cross

Blue Cross is a charity that has been helping sick, injured, abandoned and homeless pets since 1897. Pets help us in so many ways and they depend entirely on us. That's why at Blue Cross we believe in helping pets because pets help us. We help thousands of pets every month and with your support we can give back to more pets in need.

Pets change lives. We change theirs.

Blue Cross Education Team
Shilton Road, Burford, Oxon OX18 4PF

Telephone: 0300 111 8950

Email: education@bluecross.org.uk

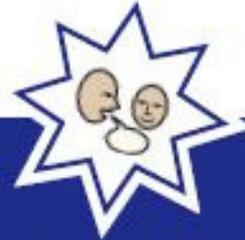
bluecross.org.uk

Registered charity no. 224392 (England and Wales), 50040154 (Scotland)



Pets change lives
We change theirs

Redriff Primary School
invites you to



CHATT

about autism



**COMMUNITY
HOME
AUTISM
TEA & TALK**



Thursday 28th February 10:00 – 12:00
- emotional regulation and behaviour at home -

Thursday 23rd May 10:00 – 12:00
- visual supports for the home -



Open to all parents of children with autism from across London.
A chance to meet other parents, chat about your experiences,
and discuss practical strategies to support you
and your child at home.

Presented and facilitated by
Redriff's SEND Team and Southwark's Autism Support Team
including SENCOs, Speech and Language Therapists, Family Support, and others!

Free to attend. Please RSVP with Stuart
0207 237 4272 - stuart.mcleod@redriff.southwark.sch.uk



- **Redriff Primary School - Salter Road -**
- **Rotherhithe - SE16 5LQ -**



Creative Creatures

Free Family learning activities 2019

Things to do this half term!

Adult learning service

www.southwark.gov.uk

Bring your children along

Pottery, healthy eating, henna painting, story telling, magical maths, arts and crafts, knitting etc.



Monday 18th & Tuesday 19th

February 1.00 pm – 3.30 pm

@ Thomas Calton Centre

Alpha Street, London SE15 4NX

Book a place now - call 020 7358 2100

For more information email

Margaret.Taribo@southwark.gov.uk

Or

Kate.bagnall@southwark.gov.uk

ParentsSkills2Go with Little people's World

FREE Activities for you and your children to do this half term! Healthy eating, storytelling, knitting, magical maths, arts and crafts, Tower of London! etc.

For families with young children (0-10 years)



Thursday 21st & Friday 22nd February 2019

(Lunch will be provided but there are limited spaces!)

In Partnership with Southwark Adult learning

For more information and to book a place please email [**parentskillstogo@gmail.com**](mailto:parentskillstogo@gmail.com)

Or phone
07476264383

You are also welcome to attend the activities in other hubs

Venue	Date	Day	Time
Lewington Centre Rotherhithe 9 Eugenia road SE16 2RU	21st February	Thursday	10.30am- 12.30pm
The Green Nunhead Community Centre 5 Nunhead Green London SE15 3QQ	21st February	Thursday	1.30- 3.30pm
All Hubs (Tower of London)	22nd February	Friday	9.30.am

What are we learning?

At Brunswick Park we follow the Literary Curriculum, where high-quality texts are linked to Science and Humanities topics. Please see the website for more information about the other subjects.

Nursery	We are learning about animal life cycles. We will be reading <i>Monkey Puzzle</i> by Julia Donaldson and <i>The Teeny Weeny Tadpole</i> by Sheridan Cain to find out more about animals and their babies.
Reception	We are reading <i>The Tiny Seed</i> by Eric Carle and <i>I Will Not Ever, Never Eat a Tomato</i> by Lauren Child and learning all about how plants grow.

	English text	Science	Humanities
Year 1	<i>Stanley's Stick</i> by John Hegley <i>Dinosaurs and All That Rubbish</i> by Michael Foreman	Plants – sorting and classifying leaves and trees Seasonal changes- what happens in Spring?	Geography: Weather in Hot and Cold Places
Year 2	<i>The Owl and the Pussy-cat</i> by Edward Lear <i>Tadpole's Promise</i> by Jeanne Willis	Animals including Humans – Healthy Living. How do we eat well, sleep well and exercise well?	Geography: Seas and rivers
Year 3	<i>Cloud Tea Monkeys</i> by Mal Peet <i>Black Dog</i> by Levi Pinfold <i>Sparky</i> by Jenny Offil	Animals including Humans – comparing animals' bodies including skeletons.	Geography: The Journey of Tea. Where does it come from and how does it get here?
Year 4	<i>The Lion and The Unicorn</i> by Shirley Hughes <i>Odd and the Frost Giants</i> by Neil Gaiman <i>The Matchbox Diary</i> by Paul Fleischmann	Animals including Humans – Teeth, digestion and food chains.	History: The Vikings and the Anglo-Saxons. How did they live? What did they believe?
Year 5	<i>The Lost Happy Endings</i> by Carol Ann Duffy <i>The Sleeper and the Spindle</i> by Neil Gaiman	Properties of materials – is it a solid, a liquid or a gas? Reversible and irreversible changes to materials.	Monarchs – Who were they? How did they live? Why do we remember them?
Year 6	<i>The Three Little Pigs Project</i> (based on a film) <i>The Highwayman</i> by Alfred Noyes	Electricity – circuits, conductors and insulators.	Local history study of Camberwell.

Above are current texts and topics that the children are learning. There are more details on the Curriculum Section of the school's website.

Trips and visits are planned at school to support these topics.

Please use this information at your local library or use it to plan trips, visits and activities of your own.

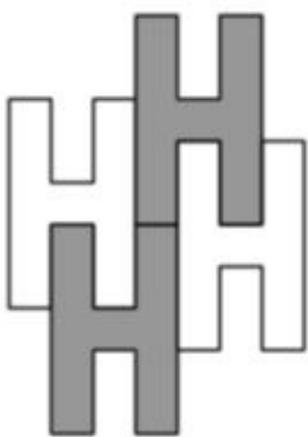
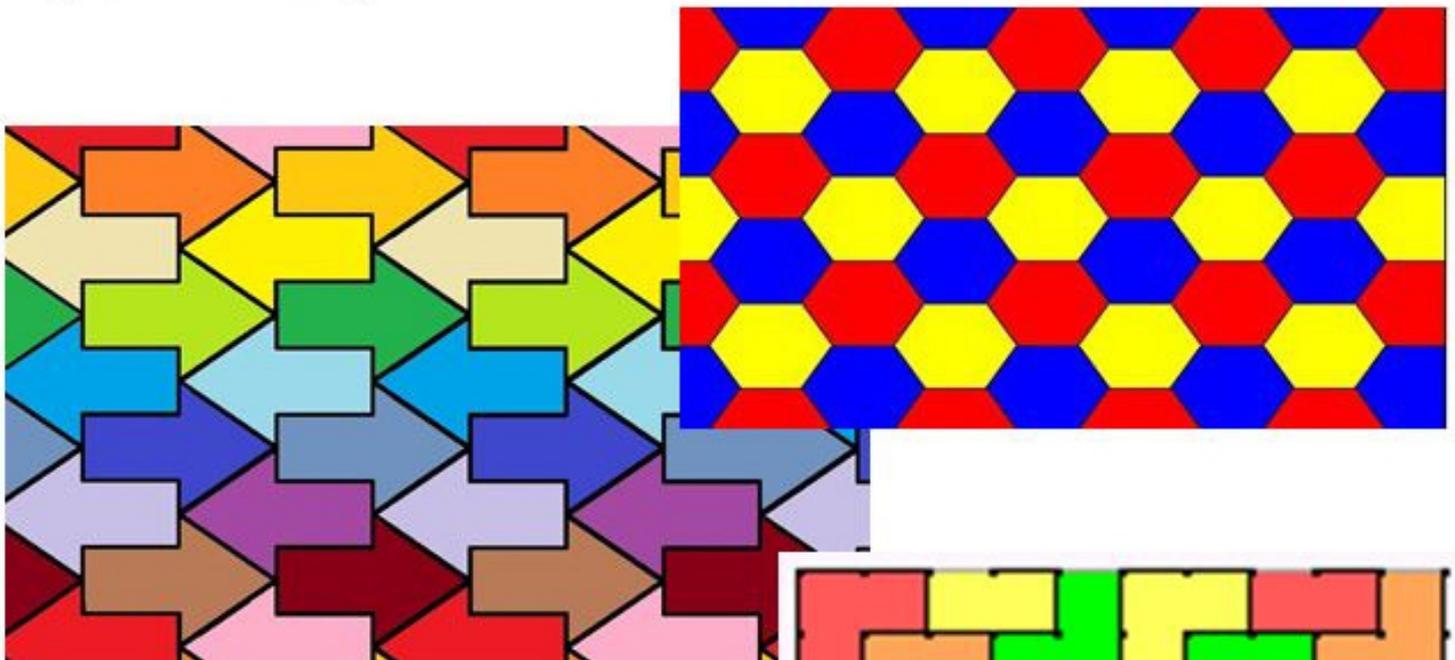
This Half Term's Maths Challenge:

Tremendous Tessellations

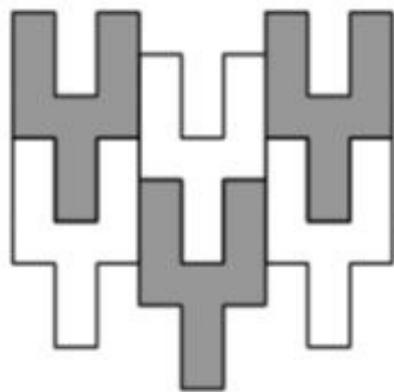
Design, draw and colour your own tessellating pattern, like the ones below. Using your geometry skills, draw your original shape and then repeat! Hand them in to your teacher, or straight to Mrs. Fallon or Mrs. Adebisi. There will be a display of the most creative patterns.

Definition:

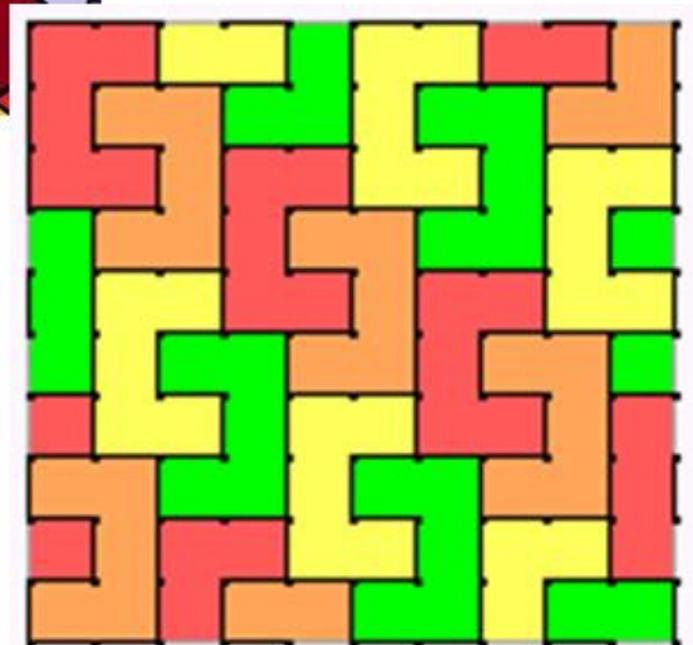
Tessellate: to cover a surface by the repeated use of a single shape, without gaps or overlapping.



H-shapes



Y-shapes



E-shapes



Southwark Council Admissions Update

Due to the closure of the Peckham Customer Service Point, Southwark Council's School Admissions Team will no longer be holding its weekly drop in admissions surgeries.

Families residing in Southwark can now book a prior appointment to meet with Southwark's School Admissions Officers to access face to face advice and support on primary, secondary and in year admission related matters only.

If you need direct assistance and would like to meet with a school admissions officer, please be aware of the following:

Day and Time

- meetings will be held on a Monday (term time only) during office hours

Location

- 160 Tooley Street. For families with buggies, the Team is unable to guarantee that the meeting will take place in a ground floor room

How to book

- email a request to arrange a meeting to: schools.admissions@southwark.gov.uk; or
- log a meeting request via telephone by calling 020 7525 5337

An officer will then contact you to book a suitable date and time to meet. Due to high demand, meetings will be booked for a maximum of 15 minutes only. Should the meeting take longer, you may be asked to book another meeting

Please note: Southwark Council's School Admissions Officers are not trained to assist families with queries relating to early years, nurseries or funding.

For further information please go to

<http://www.southwark.gov.uk/schools-and-education/school-admissions/school-admissions-face-to-face-meetings>

Are you ready for Fizz Free February?

Fizz Free February is coming to Brunswick Park Primary School for the first time. Will you be making the pledge to #gofizzfree?

Friday 1 February marks the start of Fizz Free February meaning it's time to ditch sugary drinks for 28 days.

Launched by Southwark Council in 2018, Fizz Free February is a great way to reduce your sugar intake by cutting out fizzy drinks. By going fizz free for all of February, it can help you on your way to drinking less sugary drinks for the rest of the year too.

Through this campaign, Brunswick Park aims to raise awareness of the health implications of drinking fizzy drinks which often contain high amounts of sugar. Latest data Public Health England on the nation's diet shows that sugar now makes up 13.5% of 4 to 10 year-olds and 14.1% of teenagers daily calorie intake respectively, while the official recommendation is to limit sugar to no more than 5%.

In April 2018, the NHS's National Child Measurement Programme showed that a shocking 33 per cent of children aged 10 and 11 in Camberwell Green ward are considered obese, while a further 51 per cent are overweight.

Similarly, 18 per cent of four and five year olds in Camberwell Green are obese, and another 34 per cent are carrying more than they should be.

It means the area has the highest rate of childhood obesity and excess weight of all council wards in England.

To join in, just pledge to give up fizzy drinks for 28-days and tweet us using #gofizzfree. You can also take part by signing up on our website.

The hard truth about soft drinks:

1. You can save £438 a year if you stopped drinking one bottle of soft drink, per day for a year
 2. Drinking just one 330ml can of fizzy drink a day could add up to over a stone weight gain per year
 3. Tooth decay is the leading cause for hospitalisation among 5-9 year olds in the UK, with 26,000 children being hospitalised each year due to tooth decay - in other words, 500 each week
- For more reasons why you should quit fizzy drinks visit the Fizz Free February website.

Cllr Evelyn Akoto, Southwark Council cabinet member for community safety and public health said: "I am so pleased that Fizz Free February is reaching other parts of the country. It is a fantastic way to cut down on sugar and make positive changes. Good luck to everyone going fizz free this February!"

Notes to editor

Fizz Free February is an initiative launched by Southwark Council in 2018 in response to child and adult obesity rates in the borough. Fizzy drinks are often high in sugar, a significant factor in weight gain.

1. <https://www.gov.uk/government/news/phe-publishes-latest-data-on-nations-diet>
2. GULP-based on £1.20 per bottle at 365 days
3. GULP

MAKE YOUR HOME A FIZZ FREE ZONE

Forget fizzy drinks this February



SAVE
MONEY



LOSE
WEIGHT



KEEP
YOUR
TEETH



Make your pledge
to #gofizzfree

Find out more at
[southwark.gov.uk/
gofizzfree](http://southwark.gov.uk/gofizzfree)

@lb_southwark facebook.com/southwarkcouncil @southwarkcouncil

Pledge to #gofizzfree this February

Download your daily record chart from

<http://brunswickparkprimary.co.uk/bpps-newsroom/fizz-free-feb/>

Southwark
Council
southwark.gov.uk

Reminders to all Parents and Carers

Correct School Uniform:

Please ensure your child comes to school in the correct uniform. All children must wear black shoes, black or grey school trousers or skirts and socks and Hijabs should be plain white, black or grey. Grey or black shorts or purple checked summer dresses can be worn in warm weather.

Punctuality:

Please ensure your child arrives to school on time every day; arriving late is embarrassing and missed learning time affects achievement and stops your child from reaching his or her potential.

Parking:

Please park carefully when dropping off and collecting your children. Parking carelessly puts children at risk. Wardens patrol for the children's safety and welfare.

Safeguarding Information

The designated team for Safeguarding at Brunswick Park Primary is
Susannah Bellingham
Fiona O'Malley and
Andrea Inniss-Griffith.

If you have any concerns about any child, please contact us. We are committed to Safeguarding all children and members of our school community and take all concerns seriously.

For your information, key school policies are available on request from the School Office and can be downloaded from the school Website under the 'Our School' tab.

Please check the website for further details about what children have been doing and learning in school.

Missed a newsletter? All newsletters are available for download from the School Website under the 'News' tab.

<http://www.brunswickparkprimary.co.uk>

Attendance Update

Congratulations to Classes 4B and 2A for 99% attendance last fortnight.

99 children have 100% attendance from 5.9.18 to the present.

Well done!

Whole School Attendance for W/B 21.01.19: 96%

Whole School Attendance from W/B 11.02.18: 95.6%

Whole School Attendance Target = 97%

Right to Reply:

15/02/19: Please email the address below to give us constructive suggestions or comments, including your name and your child's class.

Thank you.

office@brunswickpark.southwark.sch.uk