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| **Year 5 Spring 1 PSHCE –Conflicts** | | |
| **Key information**   * Conflict is when people have a serious disagreement. * Some conflicts can last for a long time and can be difficult to solve. * At some point in our lives, we all come into conflict with people. * Learning how to resolve (end) conflict is an important life skill. * A big part of resolving a conflict is managing our emotions. * When you are feeling angry, it can be tricky to resolve a conflict. * It can sometimes be a good idea to walk away from a conflict and then discuss it later when everyone is feeling a bit calmer | A drawing of a person  Description automatically generated  conflict/disagreement  resolutions | |
| **Vocabulary**   * disagreement * argument * conflict * resolutions * emotions * angry * hurt * stubbornness * empathy * compromise | Unnecessary and hurtful words - Quotes Empire |