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| **Year 2 Autumn 1 Design and Technology – Sensational Salads** | | |
| Key facts   * Salad are made up of either fruits or vegetables * Sometimes fruits are added to a vegetable salad * Salads can be a meal on their own, or be an accompaniment to a dish * Salad helps you to eat five portions of fruit and vegetables a day * Fruits and vegetables are rich in vitamins and minerals * Fruits contain seeds * Fruits develop from the flower of a plant * Vegetables consist of roots, stems and leaves | kiwi  pomegranate    papaya    cabbage    mango  peppers  celery | |
| Vocabulary   * bush * tree * plant * vine * underground * seed * juicy * cut * chop * flavour * sweet * sour | Types of salad   * fruit * vegetable * coleslaw * wardorf * beetroot * potato * carrot and sultana   Salads can be:   * tossed (mixed together) * composed (carefully built) * bound (mixed with mayonnaise) * farinaceous (made with potatoes, pasta, quinoa, couscous etc) |